Fall 2021 to Spring 2022

eccic

# Professional Learning Opportunities in your Community

All sessions that cannot be offered safely in-person will be offered as webinars with slightly different timing.

Please be assured your health and safety is our priority.

Register for any of our sessions at www.eccdc.org or by calling 905.646.7311 ext. 304



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In person session locations if Public Health Regulations Permit: Niagara: ECCDC Conference Room, 3550 Schmon Parkway, Thorold

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In person session locations if Public Health Regulations Permit: Niagara: ECCDC Conference Room, 3550 Schmon Parkway, Thorold

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# Implementing Ontario's Early Learning Frameworks in Early Learning Settings

Incorporating *How Does Learning Happen?* in Your Program Supporting Children's Development Across the Ages

## Incorporating How Does Learning Happen? in Your Program



### Canada Through the Seasons: A Four-Part Series

Studies have shown the importance of providing young children with physical fitness activities, connecting with nature, and the opportunity for engaging in playful experiences outdoors whatever the weather or the season.

This series will focus on each of Canada's four seasons and include thought-provoking discussions, information sharing, and tools and resources for review, as well as curriculum strategies designed to keep children active and engaged in our outdoor environments during all twelve months of the year.



#### Webinar Sessions

- Canadian Fall: Tuesday September 14, 2021 from 6:30 to 8:00 p.m.
- Canadian Winter: Monday December 13, 2021 from 6:30 to 8:00 p.m.
- Canadian Spring: Tuesday March 8, 2022 from 6:30 to 8:00 p.m.

Cost: Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services); Outside Niagara Educators - \$15 per session



# **Unpacking Children's Play Series**

Do you ever wonder why children play the way they do? When children play, they have opportunities to explore, engage and experiment with their ideas and beliefs of the world around them. Many of our programs have shifted to play-based learning offerings to the children we work with to expand their learning.

This series takes a closer look at the learning taking place in **Block and Construction Play**, **Imaginative and Dramatic Play** and **Rough and Tumble Play**. Each of the sessions in the series build upon each other through research and reflective practice and will offer ideas for you to explore within your centre.

# Session 1 - Block and Construction Play

In our classrooms we ensure that children have a large, open area filled with different blocks, small world items and props that link to children's interests, experiences, and developmental skill sets. In having these materials available children are growing their problem solving, mathematic, continuity and permanence skills.



#### Session 1

Presented *Via Webinar* Wednesday September 22, 2021 6:30 to 8:00 pm Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

#### Are You From Outside Niagara?

This session is being offered for outside Niagara Educators only on **Thursday October 7 or Thursday October 14, 2021** 

#### Session 2 – Imaginative and Dramatic Play

Have you ever watched a child pick up an object and pretend it is a zooming car or put on a cape and become someone else? In imaginative and dramatic play children are using objects to represent something else while giving it an action or motion. The process of pretending builds many skills such as language, emotional intelligence, and thinking.

#### Session 3 – Rough and Tumble Play

We can either try to stop children engaging in rough and tumble play or we can stop and unpack what it is and why they are doing it. In rough and tumble play children are smiling and laughing because this kind of play for them is fun! Rough and tumble play is a basic human instinct that helps to develop such skills as strength, movement, body awareness, and socializing.



#### Session 2

Presented *Via Webinar* Choose from: Wednesday October 20, Thursday November 4 or Thursday November 11, 2021 6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

#### Session 3

Presented *Via Webinar* Choose from: Wednesday November 24 or Thursday December 9, 2021 6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)



### Integrating Technology to Enhance Daily Practice with Children and Families Series

In the age of technology, it is helpful to take time to consider how we can integrate technology into our daily practice to enhance the experiences of the children and families we work with. Technology can sometimes be

intimidating when you don't have a knowledge base. This series will be building upon those technical basics to enhance our understanding of building and coding with technology as well as how we can use that knowledge to support and increase family engagement.

### Session 1 - Where to Begin: The Technical Basics

For this session we will be reflecting on how technology has been used within our programs and the basics we need to know. Are there other pieces of the puzzle we need to consider such as policy, best practices, benefits of technology and the right kind of screen time? Participants will have an opportunity to explore these pieces as well as different types of technology you could implement within your program which will be supportive of learning for children, families, and educators.



### Session 1

Presented Via Webinar Thursday September 23, 2021 6:30 to 8:00 pm Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

#### Are You From Outside Niagara?

This session is being offered for outside Niagara Educators only on Wednesday October 6 or Wednesday October 13, 2021

# Session 2 - Building and Coding with Technology

How do you build and code? In this session we will be exploring the many ways in which you can implement experiences within your program using everyday materials that support the concepts children need to learn to build computer code. We will investigate how coding can be a creative process for children to take their imagination to the next level. Participants will have an opportunity to explore how this is done.

### Session 3 - Technology Strategies to Support Family Engagement

We have a picture of the basics and how we can enhance children's opportunities with technology, so the next step is to put into practice what we have learned with the families we support. We will investigate strategies to move away from paper copies to digital media and pathways to authentically engage our families within our programs. We will also explore different programs, resources and tools in an interactive setting.



#### Session 2

Presented *Via Webinar* Choose from: Thursday October 21, Wednesday November 3 or Wednesday November 10, 2021 6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

#### Session 3

Presented Via Webinar

Choose from: Thursday November 18, Wednesday December 1 or Wednesday December 8, 2021

6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)



### **STEAM Series**

Attitudes to science and math are shaped in the early years and carry through to the teenage years (Archer et al. 2019) and the attitudes of adults can directly influence children's attitudes towards STEAM experiences. Educators are often uncomfortable and lack confidence in providing STEAM experiences, which can result in young children not being afforded opportunities to develop a love of STEAM areas.

If you are one of those educators who is struggling with providing STEAM experiences in your practice or you are looking to enhance the everyday **Science**, **Technology**, **Engineering**, **Arts and design**, and **Mathematics** experiences available in your early learning and child care centre, then this three-part STEAM series is for you!

### Session 1: STEAM Rich Environments

The first session in this series will consider what STEAM is and what this can look like in an early learning and child care setting. Educators will have opportunities to reflect on how they can integrate STEAM into a variety of program areas that support and encourage inquiry-based learning. Educators will have opportunities to *Mess About* with materials that they can utilize to provide STEAM rich early learning environments and the links to *Tinkering*.



#### Session 1

Presented *Via Webinar* Thursday September 30, 2021 6:30 to 8:00 pm Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

#### Are You From Outside Niagara?

This session is being offered for outside Niagara Educators only on **Tuesday October 5 or Tuesday October 12, 2021** 

#### Session 2: STEAM for Infants and Toddlers

The second session will consider how educators can bring STEAM concepts into everyday experiences for infants and toddlers while honouring their self-initiated learning. Educators will have opportunities to consider how they can give visibility to STEAM learning and concepts in an early learning and child care setting, and reflect on how they can facilitate STEAM for infants and toddlers. This will then be followed by hands-on exploration of STEAM rich environments for infants and toddlers.

#### Session 3: Steam in Outdoor Environments

This session will focus on how educators can facilitate and support STEAM in outdoor environments. Educators will have opportunities to reflect on how outdoor environments provide real world natural experiences that spark curiosity, encourage exploration, challenge children and encourage them to ask questions and test theories. There will be opportunities to *Mess About* with natural materials that develop a sense of wonder and joy of STEAM experiences.



#### Session 2

Presented Via Webinar

Choose from: Thursday October 28, Tuesday November 2 or Tuesday November 9, 2021

6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

#### Session 3

Presented Via Webinar

Choose from: Thursday November 25 or Tuesday November 30, 2021

6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)



### **Story Sacks**

Story Sacks were developed by a UK elementary school principal, Neil Griffith, in 1995 as a response to research that indicated that half the number of children were being read a bedtime story as compared to their parents' generation. Story Sacks can be used in early learning and child care environments to jazz up story-time, support preliteracy skills, stimulate language development and can encourage older children in telling their own stories. Story Sacks are a wonderful tool to enhance engagement between the program and the child's home as well as inter-age range engagement.

This interactive session will identify links to other curriculum areas and focus on how educators can develop their own Story Sacks and how utilizing them in their programs reflects both the four foundations of *How Does Learning Happen? Ontario's Pedagogy for the Early Years* and the Kindergarten Thursday January 13, 2022

Presented Via Webinar

6:30 to 9:00 pm

Niagara Educators: \$15 for Story Sack materials (session *sponsored through funding provided by Niagara Region Children's Services*)

Outside Niagara Educators: \$45 for Story Sack materials and session

Not Comfortable Attending in Person or live at a distance from the ECCDC? You may register to attend via live webcam

Programs four frames. Educators will be asked to bring their favourite storybook to practice developing a Story Sack.



### **Expanding Children's Play Series**

Ever wonder why children play the way they do? In children's play they have opportunities to explore, engage and experiment with their ideas and beliefs of the world around them. Many programs have shifted to offering play-based learning experiences to the children they work with to expand the children's learning. This series takes a closer look at the learning taking place in Block and Construction Play, Imaginative and Dramatic Play, and Rough and Tumble Play. Each of the new series started as a session in the **Unpacking children's Play** series and has been expanded to its own unique series, which builds upon the initial sessions. Current research and reflective practice will offer ideas for educators to explore within their program. Participants are encouraged to attend each session in the series for continuation of learning and resources.



### **Expanding Children's Block and Construction Play**

In our classrooms we ensure that children have a large, open area filled with different blocks, small world items and props that link to children's interests, experiences, and developmental skill sets. In having these materials available, children are developing their problem solving, mathematic, continuity and permanence skills.

#### Session 1

Participants will have an opportunity to explore and reflect upon the research, resources and connect with other educators to share experiences, ideas, knowledge and develop an understand the principles of children's block and construction play.

#### Session 2

Building upon the principles of children's block and construction play, participants will consider the materials, items, props, and environment to support children's learning linking to *How Does Learning Happen? Ontario's Pedagogy for the Early Years.* 

#### Session 3

The final session in the series will give participants the opportunity to put into practice the principles and knowledge gained in sessions 1 and 2. They will engage in hands-on experiences while considering the benefits, developmental skills, and experiences they can offer children in their block and construction play areas.

#### Session 1

**Tuesday February 15, 2022** Presented *Via Webinar* 6:30 to 9:00 pm

#### Session 2

**Tuesday March 1, 2022** Presented *Via Webinar* 6:30 to 9:00 pm

#### Session 3

**Tuesday March 29, 2022** Presented *Via Webinar* 6:30 to 9:00 pm

#### Cost

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25 per session or \$50 for all three sessions

### Expanding Children's Imaginative and Dramatic Play

Have you ever watched a child pick up an object and pretend it is a zooming car or put on a cape and become someone else? In imaginative and dramatic play children are using objects to represent something else while giving it an action or motion. The process of pretending builds many skills such as language, emotional intelligence, and thinking.

#### Session 1

Participants will have an opportunity to explore and reflect upon the research and resources and connect with others to share experiences, ideas, knowledge, and develop an understand the principle of children's imaginative and dramatic play as well as study the social stages of play, play types, and play personality.

#### Session 2

Building upon the principle of children's imaginative and dramatic play, participants will consider how children use objects and environments to represent their thoughts and ideas. There will be opportunities to explore materials, items, props, and environments to support children's learning, for all ages, along with the links to *How Does Learning Happen? Ontario's Pedagogy for the Early Years.* 

#### Session 3

The final session in the series will put into practice the principles and knowledge gained in sessions 1 and 2. Participants will engage in hands-on experiences while considering the benefits, developmental skills, and experiences they can offer children in their imaginative and dramatic play areas.



#### Session 1

Thursday April 14, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm

#### Session 2

Thursday April 28, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm

#### Session 3

Thursday May 12, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm

#### Cost

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25 per session or \$50 for all three sessions



### **Expanding Children's Rough and Tumble Play**

We can either try to stop children engaging in rough and tumble play or we can stop and unpack what it is and why they are doing it. During rough and tumble play children are smiling and laughing because this kind of play for them is fun! Rough and tumble play is a basic human instinct that helps to develop such skills as strength, movement, body awareness, and socializing.

#### Session 1

Participants will have an opportunity to explore and reflect upon the research and resources and connect with others to share their understanding of the principles of children's rough and tumble play as well as study the associated stereotypes and misconceptions.

#### Session 2

Building upon the principles of children's rough and tumble play, participants will have opportunities to consider the impact of incorporating rough and tumble play into their program. There will be opportunities to explore materials, items, props, and environments to support children's learning, for all ages, along with the links to *How Does Learning Happen? Ontario's Pedagogy for the Early Years.* 

#### Session 3

The final session in the series will put into practice the principles and knowledge gained in sessions 1 and 2. Participants will engage in conversations about incorporating rough and tumble play experiences while considering the benefits, developmental skills, and documenting to share with families.



#### Session 1

Thursday May 26, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm

#### Session 2

Thursday June 9, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm

#### Session 3

Thursday June 23, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm

#### Cost

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25 per session or \$50 for all three sessions

# Increase knowledge/refresher on early child development



## Natural and Found Loose Parts for all Ages

What are loose parts? How do they support learning in our centres? Why is it important to implement loose parts into our curriculum? When can we introduce loose parts? Who can benefit from loose parts? Participants will have an opportunity to consider the who, what, where, when and why of loose parts while considering what implementing loose parts into the curriculum looks like at different ages. Natural



Wednesday September 29, 2021 Presented *Via Webinar* 

6:30 to 8:00 pm

Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

and found loose parts can be incorporated into the curriculum on a daily basis supporting children's exploration and imagination. Consider how we communicate to our families and colleagues the importance of loose parts. We will reflect on how loose parts support the Four Foundations of *How Does Learning Happen* and how we can utilize their properties to enhance children's developmental skills. A resource listing will be provided to participants of loose parts they can collect for their program as well as kits and resources available for loan or purchase from ECCDC.



### **Schema Play Series**

Children create understanding and knowledge of their world by interacting with the environment and the 'things' within it. While they are doing this, we often observe them repeating actions over and over again and see repeated patterns in their play. In the first half of the 20<sup>th</sup> century, Jean Piaget recognized organized patterns of behaviour in children's play and developed his schema theory around how children learn and acquire knowledge through physical and mental actions. In the 1980s Chris Athey furthered Piaget's work by identifying clusters of play patterns and developed the concept of schematic play or schema play.

If you would like to find out more about schema play and how to support schema play in your early learning and child care setting then we invite you to participate in this engaging, interactive and fun series. There will be opportunities to engage in thought-provoking conversations with fellow Educators and explore a variety of materials and experiences that support schema play.

#### **Mark Making Schemas**

This second schematic play session will look at schema play through a lens of early Mark Making, a prerequisite for the development of literacy skills, and explore how educators can introduce schema play materials and experiences to their environment to support mark making. Mark Making Schemas Presented Via Webinar Choose from: Wednesday October 6 or Wednesday October 13, 2021 6:30 to 8:00 pm This session is being offered to outside Niagara Educators only Outside Niagara Educators: \$25 per session Emotional Schemas Presented Via Webinar Choose from: Wednesday October 27, Wednesday November 3, or Wednesday November 10, 2021 6:30 to 8:00 pm Niagara Educators: No Charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

#### **Emotional Schemas**

The final session in this series will focus on Emotional Schemas. Educators will have an opportunity to dive deeply into the concept of emotional schemas in an early learning and child care setting. This will include identifying and recognizing emotional play schemas, and how educators can support young children with the development of self-regulation through emotional play schemas.



# Treasure Baskets for Infants and Toddlers

Treasure Baskets and Heuristic Play affords infants and toddlers open-ended opportunities to explore the world around them through their senses and exploration of everyday objects. This hands-on, interactive workshop will explore the origins and the simplicity and sophistication of Treasure Baskets and Heuristic Play. Participants will investigate the sensory possibilities of Treasure Baskets and the discovery opportunities of Heuristic Play as well as develop a Treasure Basket using interesting everyday household items and items from nature, followed by an opportunity to Mess About with it. Participants may choose from: Saturday April 2, Tuesday April 5, Wednesday April 6, Saturday April 23, Wednesday April 27 or Tuesday May 3, 2022

#### Presented In Person in Niagara

Weekday Sessions: 6:30 to 9:00 pm Saturday Sessions: 9:30 am to 12:00 pm

Niagara Educators: No charge for training session or Treasure Basket Materials (*this session has been sponsored by the Kiwanis Clubs of Niagara and the ECCDC*)



**Please note** that a maximum of 3 educators may register from each licensed child care program. Each program will receive **one treasure basket** for their centre. We ask that the designated educators planning to attend be prepared to share the workshop materials and concepts with their Team. The session will include some suggestions on how to share the information.



## What Does Indoor Risk Look like for Child Care?

How Does Learning Happen? Ontario's Pedagogy for the Early Years highlights the importance of providing children with interesting opportunities for a reasonable degree of risk taking and as educators we have become familiar and confident with supporting children's risk taking in play. However, much risk taking for children tends to take place in our early learning and child care program during active outdoor play and often focuses on physical risk taking. This session will explore all forms of risk-taking during children's play; physical, emotional and social risk and how educators can facilitate experiences during indoor play for all age groups. For Educators: Thursday February 3, 2022 from 6:30 to 9:00 pm

For Supervisors: Friday February 4, 2022 from 12:00 to 2:00 pm

Presented Via Webinar

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25



### **Sensory Play for Children**

As children move through their lives, they use their senses to try to make sense of the world around them. Sensory play includes any activity that stimulates a young child's senses. Children learn and retain information when they engage their senses. Providing opportunities and experiences for children to actively use their senses as they explore their world is crucial to brain development. Think about, as an adult, a memory triggered through a smell, song, or taste. Through sensory play children are interacting with the world through taste, touch, smell, sight, hearing, and movement. Sensory play supports



**Tuesday February 8, 2022** Presented *Via Webinar* 

6:30 to 9:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

children's self-regulation and builds skills for mindfulness. This leads to a child's ability to complete more complex learning tasks and supports cognitive growth, language development, gross motor skills, social interactions, and problem-solving skills. The session will provide interactive experiences and identify links to other curriculum areas and focus on how educators can incorporate daily sensory experiences within their program while reflecting upon the four foundations of *How Does Learning Happen? Ontario's Pedagogy for the Early Years*.



# **Makerspace for Schoolagers**

A Makerspace is a place where educators can gather tools and materials to support children with creating, inventing, tinkering, designing, fabricating, or otherwise enabling children to make something. It is a unique learning environment that encourages tinkering, play, and openended exploration for all. A Makerspace is child-led and does not have to be expensive or include large tools. The session will explore the concepts of space, tools, materials, organization, documentation, display, and inspiration. A makerspace reinforces the theories of Tinkering and STEAM while empowering children through affording them a voice and providing choices in the school age environment, thus supporting their growing need for responsibility and autonomy. Thursday February 17, 2022 Presented *Via Webinar* 

6:30 to 9:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$45



### **Reaching In - Reaching Out**

RIRO Resiliency Skills Training is an evidence-based, two-part program for educators who work with children from birth to eight years. The training uses a relationship-based, cognitive-behavioural and social problem-solving approach to prevent depression and promote resilience in children under eight years. Adapted from 35 years of research by Dr. Martin Seligman and colleagues at the University of Pennsylvania, the RIRO program is designed to help adults help young children steer through life's inevitable bumps in the road and make use of opportunities for optimal growth and development. Research shows that children as young as two years begin to copy how adults in their lives respond to daily stresses, serious challenges, and opportunities for growth. When adults use the RIRO skill set in their own lives, they become role models for children by demonstrating effective thinking and coping strategies in response to both adversity and opportunity.

**Part 1 - Adult Skills** introduces adults to key resiliency research and skills that enhance self-regulation skills and promote a

Part 1 - Adult Skills Tuesday April 12, 2022, Tuesday April 26, 2022 and Tuesday May 10, 2022

Part 2 - Child Skills Tuesday May 24, 2022, Tuesday June 7, 2022 and Tuesday June 21, 2022

Attendance at all sessions for Part 1 and 2 is required

Presented Via Webinar

6:30 to 9:00 pm for all dates

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$55

"resilient" perspective and flexible approach to handling conflict, problems and everyday challenges.

**Part 2 - Child Skills** helps adults apply the resiliency skills directly with children by: increasing their understanding of children's thinking and behaviour, supporting children's development of seven critical abilities associated with resilience, introducing child-friendly approaches using children's literature, puppets, and resilience-building activities.



## Supporting Risk and Challenge

How can we provide risk and challenge for a wide age range of ages and abilities while being mindful of the health, safety, and wellbeing of children? Educators will have an opportunity to explore ideas and experiences to support the implementation of appropriate risk within their programs.



#### Presented Via Webinar

Choose from: Friday November 5, or Friday November 12, 2021

1:00 to 2:30 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)





# Engaging Families in Authentic Ways





### Courageous Conversations with Parents

There are times when we are confronted with courageous conversations with parents, whether you are a supervisor or a RECE in the classroom. During this seminar you will discover strategies to assist when interacting with parents' challenging concerns. Among the strategies you can learn is the ever so useful 'sandwich technique'. You will Tuesday February 22, 2022 Presented *Via Webinar* 6:30 to 8:30 pm Niagara Educators: \$15 Outside Niagara Educators: \$25

*Not Comfortable Attending in Person or live at a distance from the ECCDC?* You may register to attend via live webcam

look at how to suitably plan the important parent meetings that address arising issues. You can leave this session knowing you have mastered skills to help address parental concerns appropriately.



## Tips for Designing and Facilitating an Engaging Parent Evening

Educators are invited to join this session to discuss and share some new ideas for sparking curiosity and imagination when designing Open Houses and other parent events. Ideas and strategies will be connected to *How Does Learning Happen?* and participants will receive some supportive templates to empower them to have the tools and ideas in place to plan an engaging event for families. Thursday March 3, 2022 Presented *Via Webinar* 

6:30 to 9:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25



#### Repeated by popular demand!

### Speaking to Families about Unstructured Play Experiences: Dispelling the Myth

As we are moving away from theme-based planning to an emergent approach to learning through play, which is in line with Ontario's Early Learning Frameworks, the way that we are working with children in the early learning and child care field is changing. This workshop will support educators to explore what unstructured play is, the importance and benefits to children, and how they can communicate this to fellow educators and families. The session will look at intentional, openended experiences and dispel the myth of it being a 'free for all'. Participants will have an opportunity to try out some practical, interactive ways to convey the importance of unstructured play in an early learning and child care environment. Presented *Via Webinar* Choose from: Friday November 5 or Friday November 12, 2021 9:00 to 10:30 am Niagara Educators: No charge (*sponsored through funding provided by Niagara Region Children's Services*) Outside Niagara Educators: \$25

Presented *Via Webinar* Thursday March 10, 2022 6:30 to 8:00 pm Niagara Educators: No charge (*sponsored through funding provided by Niagara Region Children's Services*) Outside Niagara Educators: \$25



## Engaging Families in the Early Years in Authentic Ways

This session offers invitations for learning and opportunities to discuss the authentic ways that we may engage families. If you are looking to develop deep, meaningful relationships with families, want to ensure they feel included as a partner within your program, or perhaps you are looking for ways to incorporate families' voices in your planning to help them feel a sense of belonging, this workshop is for



#### Presented Via Webinar

Choose from: Monday October 4 or Friday October 15, 2021

9:00 to 10:30 am

This session is being offered to outside Niagara Educators only

Outside Niagara Educators: \$25

you. Participants will have an opportunity to discuss with one another new strategies for building positive relationships with families based on mutual trust and understanding and suggestions for engaging families in their children's learning in meaningful ways.



### Empowering Parents as Partners in Their Children's Play

Play - what is it? What do children learn through play? What is involved in play? Structured vs. unstructured. So many theories and ideas are floating around about play and its role in children's lives. Play is a right of every child and all children need time and space for free play every day. What does that look like in our EarlyON programs? How do we engage parents in the conversation about the intentionality



#### Presented Via Webinar

Choose from: Monday October 4, or Friday October 15, 2021

1:00 to 2:30 pm

This session is being offered to outside Niagara Educators only

Outside Niagara Educators: \$25

behind play? We will have an opportunity to engage in conversation and reflect on different theories as well as messaging through our documentation for families.



# Strengthening Diversity and Inclusion within Early Learning Settings

How staff can support children in an inclusive environment

How to setup inclusive environments for children





## **Inclusive Practices Series**

A new three-part series offering opportunities for educators to explore the concept of utilizing inclusive practices to support children through the ever-changing pathway of behaviour. Educators are strongly encouraged to attend all three sessions as the series has been created to build upon each session.

### Session 1 - Laying the Foundation to Start the Journey

During the first session educators will have an opportunity to revisit their daily practices and consider the impact that this has on both educators' and children's behaviour. Educators will reflect on the use of language, equitability, power relationships, and best practices. The session will also offer an opportunity to explore ways in which both educators' and children's resiliency skills can be enhanced to support change that behaviour can bring to the classroom.

# Session 2 - Reflecting on Inclusive Practices

In the second session educators will consider how utilizing an inclusive approach supports children's behaviour. They will have opportunities to explore inclusive practices and the ways in which the environment, curriculum and pedagogy can either support or hinder their journey.

### Session 3 - Constructing a New Pathway

Completing the journey with the final session, educators will dive deeply into inclusive early learning strategies which they can consider for implementation into both their daily practice and early learning

#### り Session 1

Presented Via Webinar from 6:30 to 8:00 pm Tuesday September 21, 2021 Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

#### Are You From Outside Niagara?

This session is being offered for outside Niagara Educators only on **Tuesday October 5 or Tuesday October 12, 2021** Outside Niagara Educators: \$25 per session

#### Session 2

Presented *Via Webinar* Choose from: Tuesday October 19, Tuesday November 2, or Tuesday November 9, 2021 6:30 to 8:00 pm Niagara Educators: No charge (*sponsored through funding provided by Niagara Region Children's Services*) Outside Niagara Educators: \$25 per session

#### Session 3

Presented Via Webinar Choose from: Tuesday November 30 or Tuesday December 14, 2021 6:30 to 8:00 pm Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25 per session

environments. The strategies will offer educators an opportunity to explore their next steps.



## What is Autism Spectrum Disorder (ASD) and How Can I Best Support Children in a Child Care Setting?

Join Kim McAlpine Service Navigator with Autism Ontario for this new presentation. In Tuesday December 21, 2021Presented Via Webinar6:30 to 8:00 pm

No Charge, this session has been sponsored by Autism Ontario

this workshop you will gain knowledge about Autism Spectrum Disorder (ASD), strategies that can be easily implemented in a child care setting to help promote children's success, the new Ontario Autism Program (OAP), and resources that you will be able to share with families.

You'll also have an opportunity to meet the local Service Navigator and Program Coordinator from Autism Ontario for the Niagara Region, Vanessa Coens.



## Anti-Racism for Early Childhood Educators

This is an interactive, virtual training session. Educators will be encouraged to participate through voice and video in order to collaborate with each other and to practice skill development. In this workshop educators will learn how to facilitate an antiracist lens in the classroom. **Tuesday January 11, 2022** Presented *Via Webinar* 6:30 to 9:00 pm Niagara Educators: \$15 Outside Niagara Educators: \$25

#### Participants will:

- · Gain an understanding on how to communicate anti-racism within a team dynamic
- · Connecting anti-racism within your learning environment
- Address situations that arise in the classroom and explore strategies

Facilitator **Natalie Royer** is a learning strategist at Saroy Group and will facilitate this workshop. Natalie has more than 15 years' experience working with children and families in various settings across Toronto. Natalie's experience ranges from working in Volunteer resources at Bloorview Kids Rehab from working in the Genetic Counseling department at the Hospital for Sick Children to facilitating adult workshops for parents to teaching in ECE departments across Toronto.



## Inclusion in the Early Learning Classroom

Educators are invited to join for this seminar which will focus on how educators can support the needs of children with exceptionalities within an emergent framework. During the session educators will look at how exceptionalities may present in children, developing partnership working families and other professions to facilitate child-focused strategies to support all children, and the benefits of inclusion within the classroom for all children, families, and the community. There will also be opportunities to consider



Tuesday May 17, 2022

Presented *In Person in Niagara* 6:30 to 9:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

how inclusion in the classroom links to international, national, and local early learning frameworks.




# Connecting Children to Nature



## **Fostering Lifetime Gardeners and Naturalists Workshop Series**

How can we foster children to become lifetime gardeners and naturalists? We know we want to help children connect to nature, and gardening with kids would be great, but let's get real with where we are and what we can do to achieve these lofty goals! Join us for this exciting workshop series to explore:

- how to further integrate and leverage any gardening that you already do and/or have learned about;
- working through blocks or issues that limit food gardening and or nature-based programming that you'd like to do - or do better - where you work or in your career (\*institutional, professional or even personal);
- hands-on activities that work for getting started or for growing a stronger food garden program design elements and activities that work in small spaces; and
- planning and scaffolding from today's practices to the big goals.

#### Garden Soils, Critters and Ecology

- Insects, Bees, Birds, Bats roles they play in the garden
- Learn about the soil food web and how to help children connect to it
- Working with worms and other garden life (getting past the ick factor at any age!)
- Activities and activity stations for toddlers and pre-schoolers
- Compost tea, seed balls, worm composting, *and more*

## Thursday September 16, 2021

Presented *In Person in Niagara* (ECCDC Conference Room and Niagara Region Naturalization Quarry

6:00 to 8:30pm

Niagara Educators: \$45 includes all workshop materials

Outside Niagara Educators: \$50

## Garden Planning, Programming and Play

Join us in a hands-on design workshop, where you can learn about and plan for including young children in food garden design and growing food.

- Clarify your goals and vision
- Explore how to engage children and adults in a long-term sustainable garden program
- Start designing or enhancing garden play / work stations and elements or activity plans
- Talk through social, resource and site challenges
- Discuss designing for ease of use by staff, child safety, aesthetics, high play value, garden productivity, ecosystem health, variety and diversity, and other goals
- · Discuss costs and recommended supplies



Presented *In Person in Niagara* (ECCDC Conference Room and Niagara Region Naturalization Quarry

6:00 to 8:30pm

Niagara Educators: \$45 includes all workshop materials

Outside Niagara Educators: \$50



## Take it Outside! A Nature Perspective Series

This series was created to help educators navigate the outdoors and offering opportunities to engage with loose parts, explore in all weathers and encourage opportunities for children to challenge themselves to take a risk. Throughout this series, participants will have an opportunity to reflect and share experiences, brainstorm and engage in group discussions, immerse themselves in hands-on experiences, identify connections to Ontario's Early Leaning Frameworks, and strategize how to weave their learning into their daily practice through action planning.

## Session 1: Innovative Ways to Use Natural Loose Parts

Loose parts can be found in our early learning environments and have grown in popularity over the last several years. Participants will develop an understanding of what natural loose parts are and learn about the importance of them in relation to children's development and play experiences. As a group, participants will explore innovative ways to introduce and use natural loose parts in their environment in low cost/no cost ways.

#### Session 2: Outdoor Play Throughout the Year

As Canadians, we are fortunate to have four distinct seasons in which to incorporate outdoor play throughout the year. In this session we will develop an understanding of outdoor play that can be shared with families and colleagues as well as highlight the benefits of outdoor play while using low cost/no cost strategies and materials that can

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Session 1 Tuesday September 28, 2021

Session 2 Tuesday October 26, 2021

Session 3 Tuesday November 23, 2021

Presented *Via Webinar* - all sessions 6:30 to 8:00 pm - all sessions

#### Cost

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

be implemented into your program to support daily outdoor play. We will also look at global outdoor play trends as well as other related concepts that we can transition into our outdoor programs. Finally, we'll review ECCDC's Naturalized Play Space Project where the learning highlighted the importance of outdoor play in relation to children's development and the play experiences offered throughout the seasons.

#### Session 3: Risky Play Throughout the Day

Children's play contains an element of risk and this session looks at opportunities for risky play being woven into a child's day. Participants will explore what risk is and develop an understanding of risky play. What would be the implications of risk-averse attitudes towards play? Participants will be encouraged to have open dialogue to brainstorm the 'why' behind offering elements of risk and challenge for children. As a group reviewing and learning about the importance of risky play in relation to children's development and play experiences using up to date theories, research documents and frameworks as way to increase educator knowledge and confidence.



## Supporting Positive Health and Well Being through Inquiry Based Outdoor Learning

Participants will have an opportunity to discuss and explore how the outdoors are not just for physical development but have immense benefits for mental health and social-emotional development (for children and teachers alike). We will dive deeper into the benefits of nature for specific mental health disorders including nature deficit disorder. The course will conclude with tips for bringing inquiry-based learning to the outdoors and how simple games and discussions with students can foster a great interest and appreciate for nature!



#### Thursday April 21, 2022

Presented *In Person in Niagara* (ECCDC Conference Room and Niagara Region Naturalization Quarry)

6:00 pm to 8:30 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25



# Promoting Health, Safety and Wellbeing within Early Learning Environments



## Taking Care of Me to Take Care of You – Supervisor Wellness Session

During the session Supervisors will have an opportunity to explore the key aspects of workplace wellbeing that can support not only their wellbeing but also that of their staff team.

Participants will engage in discussions on returning to the workplace post pandemic, sharing their journey and tips and tricks they have discovered. We will review the reasons for burnout and understanding ways to Friday October 22, 2021 Presented *Via Webinar* 

9:00 to 11:00 am

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

avoid burnout for their own career and those of their staff team. Links will be made throughout the session to Ontario's Early Learning Frameworks that can be shared with the staff team. To finish off the session, a large group brainstorm will take place exploring ways to share back with team, implement and track success.



## Building Your Bounce: Simple Strategies for a Resilient You

Job stress among educators continues to be a widespread concern. When educators are not able to cope with constant changes and increased demands, they may not be able to provide the quality teaching and learning experiences expected of them. The same can be said for parents, administrators and other individuals who care for and educate children. One way to help adults overcome stress and burnout is to provide them with strategies that support resilience and the building of protective factors. Through this workshop, participants will be provided with an Saturday November 20, 2021

Presented Via Webinar

9:00 am to 12:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services). Build Your Bounce Manual available for \$15 if desired.

Outside Niagara Educators: \$25 (Build Your Bounce Manual available for \$30 (includes shipping) if desired)

opportunity to self-reflect on their well-being, and then take action to better support their resilience. If you work with parents, this series will be great for you as well.



## Supporting Children in Developing a Practice of Mindfulness

Mindfulness is a simple technique that emphasizes paying attention to the present moment in an accepting, nonjudgmental manner. As we reflect upon Ontario's Pedagogy for the Early Years and the foundation of well-being, it speaks to lifelong learning habits. Habits formed early in life will inform behaviours in adulthood, and with mindfulness, we have the opportunity to give our children the habit of being peaceful, kind, and accepting. At each developmental stage, mindfulness can be a useful tool for decreasing anxiety and promoting happiness. When we teach mindfulness to children, we equip them with tools to build self-esteem, confidence,

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#### Saturday November 27, 2021

Presented Via Webinar

9:00 to 11:30 am

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

manage stress, and skillfully approach challenges. The earlier we do so in their young lives, the greater the opportunity to help them cultivate resilience and develop and refine their mindfulness practice as they mature. This session will offer resources and experiences that will highlight the benefits of mindfulness and enhance your curriculum for children of all ages.



## Supporting Wellness in Early Learning Settings through Offering Plant Based Menu Options

Join Valerie Trew, Director of the University of Guelph Child Care and Learning Centre, for this webinar that will be of interest to educators, administrators, and child care cooks. In this webinar, participants will view a recording that Valerie has prepared on the topics of the 2019 Canada Food Guide and the many benefits of a plant-based menu in child care, including safety, efficiency, nutrition, cost, and Thursday February 10, 2022 Presented *Via Webinar* 

6:30 to 9:00 pm

No charge for this session (We thank the University of Guelph Child Care and Learning Centre for offering this informative webinar

sustainability. After viewing the video, Valerie will join us via Zoom for a question and answer period. Participants will also receive a free resource for child care centres to transition to a plant-based menu created by a chef and a recent graduate of the BASc (Nutrition) program at the University of Guelph. It will include 4 weeks of menus, large volume recipes, and nutritional analysis, along with some information on how a plant-based menu connects with other considerations in early learning.

Valerie Trew is the director at the University of Guelph Child Care and Learning Centre in Guelph, Ontario. Valerie has spent 20 years working in children's services through postsecondary education, regional government, early intervention, and early learning and child care.



## Vicarious Trauma – Strategies for Resilience - Offered through The Crisis and Trauma Resource Institute

Helpers regularly encounter stories and symptoms of trauma in their roles. There is growing evidence that the impact of directly supporting others through Tuesday March 22, 2022 Presented *Via Webinar* 6:30 to 9:00 pm Niagara Educators: \$45 Outside Niagara Educators: \$55

experiences of trauma goes beyond burnout or fatigue. The toll of witnessing intense human experiences and emotions can contribute to a negative transformation of a helper's own sense of safety, and of being competent and purposeful. This workshop will provide participants with the opportunity to examine their own experiences and become aware of the signs of both vicarious trauma and vicarious growth. Participants will have the opportunity to develop a personalized plan to repair negative effects as well as accelerate their resilience.



## Building a Peaceful, Joyful and Calm Early Years Classroom

As an Educator, being able to spot indicators of stress and meeting a child's needs to reduce that stress is your superpower. Meeting those needs in FUN ways that feel relaxed and connective while maintaining physical distancing is your secret ingredient for creating a light classroom environment. Now, more than ever, it is important for children to develop their sense of spatial awareness and how they move within their world. We all need to take a collective deep breath and do whatever we can to bring peace, joy, and opportunities for calm in our programs. Join Lisa Clarke for this session which is filled with mindfulness practices for self-awareness & fine motor development, as well as mindful movement opportunities through yoga, storytelling, and dance.

Lisa Clarke has played various roles in the Early Childhood Professional community over the course of her life. As the daughter of an RECE and

Thursday March 24, 2022 Presented *Via Webinar* 6:30 to 9:00 pm Niagara Educators: \$15 Outside Niagara Educators: \$25



Childcare Operator, she has seen all sides of the industry and brings a unique perspective when it comes to owning your role as a role model within it. In 2015, Lisa founded IaLa wellness, a yoga and mindfulness-based program for children in their early years. Through IaLa, Lisa has trained Early Childhood Professionals all over Ontario and the United States and has made her way onto the bookshelves in Early Childhood Classrooms through her children's book, I'm a Growing Yogi.

Lisa is now the owner of The Aura House, a multi-modality studio space in the heart of Downtown Brampton, offering yoga, meditation, dance, breathwork, pilates, reiki & crystal healing practices in-studio and online.



## Understanding and Supporting Anxiety in Children Offered through The Crisis and Trauma Resource Institute

Childhood is a critical time for emotional and psychological development. During these stages, anxiety patterns can begin that continue into adulthood. Anxiety represents our body's natural alarm system, signaling the possibility of danger. When this response arises too frequently or intensely and doesn't match actual situations of danger, it can interfere with life and cause great distress. Having caregivers who are



Tuesday May 31, 2022 Presented *In Person in Niagara* 6:30 to 9:00 pm Niagara Educators: \$45 Outside Niagara Educators: \$55

Not Comfortable Attending in Person or live at a distance from the ECCDC? You may register to attend via live webcam

equipped to support and teach children and youth skills for managing and interrupting their anxiety patterns is crucial for early intervention. This workshop will provide a structure for understanding how anxiety works in the nervous system. Participants will also learn a diverse range of skills that can be taught and practiced with children. These skills are designed to decrease anxiety and expand the capacity for managing emotions and anxious thought patterns.





# Inspiring Leadership in Early Learning and Child Care



## Mentoring Your Early Childhood Education Students

The focus of this experience is for centres/ programs to get a deeper look at the importance of mentorship in the field and how it can build quality in our sector. In this session, we will take a look at different types of mentorship (student, new staff/ onboarding, retraining and partnerships), explain how mentorship can benefit programs/centres, and discuss how to deal with issues within mentorship Monday October 25, 2021 Presented *Via Webinar* 

12:00 to 1:00 pm or 6:30 to 7:30 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$25

programs. We will also review a workbook and mentorship program guide and discuss some self-reflective questions.



## Supporting Your New Graduate in Their First Year of Employment

Student graduates can benefit from having extra mentoring as they learn how to apply the theories and information gained through their studies into practice, while understanding various human resource expectations and integrating into the culture of your centre. Join this session to gain practical strategies and to engage in conversation on ways to elevate the employment experience for new graduates and to leverage their potential within your Team. <u> -</u>

### Thursday May 19, 2022

Presented Via Webinar

12:00 to 1:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$35



## Reflecting on Your Pedagogical Leadership Journey

As a follow up to ECCDC's Pedagogical Leadership series, participants are invited to join fellow pedagogical leaders for lively dialogue chronicling their journey. Participants will have opportunities to reconnect with educators, to reflect on and reconsider the evolution of their role as pedagogical leaders. During the session there will be time to engage in informal and facilitated conversations with fellow pedagogical leaders; to celebrate successes, and share thoughts, ideas and strategies



#### Presented Via Webinar

Choose from: Friday November 26, Friday December 3, or Friday December 10, 2021

9:00 to 10:30 am

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services

Outside Niagara Educators: \$25

that have inspired their thinking and practice on their journey thus far. Participants will then shift into considering new theories, materials and resources to support the continued impact of their role as a pedagogical leader.



## Navigating Your New Supervisory Role – A Three Part Series

Exploring the principles, knowledge and practice to navigate your journey as a Supervisor in supporting your team to engage in conversation around accessibility and un-disabling environments, risk versus hazard considering risk-benefit analysis by utilizing a collaborative decision-making approach. Participants will have an opportunity to explore resources, research and guiding documents to support their role as they navigate the ever-changing early learning landscape.

#### Session 1: Principle of it All

Participants will have an opportunity to reflect upon the research and theory behind the current and emerging concepts that early childhood educators are incorporating within their daily practice and environments. A collaborative decision-making process will be explored to actively support and engage educators in the implementation of practice and protocol.

#### Session 2: Knowledge of Knowing

Participants will have the opportunity to consider the why behind the requests that they are receiving from educators regarding current and emerging practices. Thought will be given to what program staff at all levels within the organization need to know and understand behind current and emerging early learning practices and how a pedagogical decision-making approach can be utilized.



Session 1

Friday March 4, 2022

Session 2 Friday April 22, 2022

Session 3 Friday May 27, 2022

Presented Via Webinar - all sessions

12:00 to 2:30 pm - all sessions

#### Cost

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$55 for all three sessions

#### Session 3: Let's Practice

Participants will have an opportunity to contemplate how they can support educators in bringing to life the program's vision, principles and objectives that have been developed using a collaborative and pedagogical decision-making lens. At the same time, working in collaboration with the team to connect the principles and knowledge based on resources, research and guiding documents.



### Making Children's Learning Visible

Educators can become co-learners with children and families through valuing children's experiences and valuing both children's and families' perspectives. *How Does Learning Happen? Ontario's Pedagogy for the Early Years* is encouraging educators to move beyond simply providing activities for children and families. We are being asked to think deeply about the context and meaning behind children's and families' experiences, thinking and learning in



#### Presented Via Webinar

Choose from: Friday December 3, or Friday December 10, 2021

1:00 to 2:30 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services

Outside Niagara Educators: \$25

a more complex way. So how can Educators make children's learning visible with families? How can pedagogical documentation support the shift and highlight the intentionality?



# Lost Art of Music and Movement in Early Childhood

Children in today's society are living more sedentary lives and their opportunities to engage in open music and movement activities are lessening. Come and join in to bring back the lost art of music and movement to the classroom. Educators will have an opportunity to engage together in joyful and fun activities that relate to music and movement to support children in healthy physical, mental,



Presented *Via Webinar* Wednesday December 1, 2021

6:30 to 8:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services

Outside Niagara Educators: \$25

and emotional development. The session will look at the theory behind why music and movement are an important part of children's lives and why it is being lost in today's technology-based society. Educators will take away research, tools and experiences to share with the children and families in their program to reignite the passion for music and movement.



## Utilizing Shared Spaces in School Age Programs

Are you 'living out of a cart' and trying to provide sufficient, appropriate materials to enhance the play experiences that you offer to the young people in your school age program? Is storage and having to rotate spaces an issue that you are regularly faced with? Is it difficult to highlight the work of the young people in order to make their learning visible in the spaces that you work within? If you have answered yes to any of these questions and would like inspiration in moving forward, this workshop is for you. Join us to engage in reflective



Presented Via Webinar

Choose from:

Thursday October 7, 2021 from 6:30 to 8:00 pm

or Thursday October 14, 2021 from 10:00 to 11:30 am

This session is being offered to outside Niagara Educators only

Outside Niagara Educators: \$25

conversations, share ideas and gain practical strategies to use in your school age program.



# School Age Series 2: Investigating the Theories of Play and the Principles of Playwork to Support Your School-agers

Playwork and the term Playworker are commonly used terms in the United Kingdom and in many parts of the world, and is rapidly spreading throughout North America. In the UK, Playworkers work with children and young people from 4-16 years in school-age programs, holiday programs, adventure playgrounds, on playbus' and as play rangers. Playwork has evolved since post war Britain and is a profession in its own right. Although it shares some aspects of early learning and child care, it has philosophies, principles, and practices unique to Playwork. Play is seen as a process, not a product. Does that sound familiar? And one of the roles of a Playworker is to enrich the environment to provide 'playable spaces' for children, restoring play and lost experiences.

## Workshop Series Session One: Theories of Play

During session one participants will have an opportunity to dive deeply into what play is for older children and the role of the adult within children's play, thus supporting a move towards a child-led agenda. Participants will be introduced to the 'Playwork Principles' and the 'Play Types' as tools to support practice and playfulness.

## Workshop Series Session Two: Removing the Barriers to Play

In session two, participants will be introduced in a playful way - to some of the underpinning theories of Playwork. These will include flexible environments, intervention strategies to facilitate the play process, and responding to children's play cues to support free play and to remove barriers to play



#### Session 1

Presented Via Webinar

Choose from: Thursday November 4 or Thursday November 11, 2021

6:30 to 8:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services

Outside Niagara Educators: \$25

#### Session 2

Presented Via Webinar

Thursday December 2, 2021

6:30 to 8:00 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services

Outside Niagara Educators: \$25



Strengthening Early Learning Programs and Small Business Operational Strategies





## Tips and Tricks for Hosting Effective Meetings and Training Over Zoom

Educators are invited to join this session to learn the many functions and features of using Zoom Meeting and Zoom Webinar in planning effective meetings with your Team, families and community partners.



Friday September 24, 2021 Presented *Via Webinar* 12:00 to 1:30 pm

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$15



## Handling Difficult Terminations

This interactive session will address the following issues:

- Clauses that every employment contract needs in order to avoid a constructive dismissal complaint.
- Navigating the termination process from start to finish
- Tips on how to reduce the risk of a human rights complaint related to termination
- Can a child care unilaterally reduce an ECE's position if there is low enrolment and the only alternative is a layoff? Does that constitute a constructive dismissal?



- Must an employer accommodate an employee's child care preference if they choose to stay at home with their children?
- Do employee refusals to return to work due to COVID related anxiety/fears require an accommodation?
- Can staff vaccine compliance play a role in decision making when choosing which staff to terminate or layoff?

Monday October 25, 2021

Presented Via Webinar

9:30 to 11:30 am

Niagara Administrators No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Administrators: \$45



## Grant Writing Strategies for Executive Directors

Join us for this grant writing workshop with Tamara Coleman-Lawrie, Director of Community Impact, United Way Niagara, as we dive into the key elements and considerations for successful grant writing. We will explore the various components to grant writing, important steps to take, and how to incorporate the funder's focus in your proposal.

Tamara Coleman-Lawrie is currently the Director of Community Impact at United Way Niagara. Tamara has been working in the human and social services sector for over 15 years in both philanthropic and community development roles in the Golden Horseshoe area. Tamara is always looking for ways to create improved pathways and positive change. Wednesday September 29, 2021

Presented Via Webinar

11:00 am to 12:00 pm

No Charge, this session has been sponsored by the United Way of Niagara





## Building Positive, Strength-Based Teams with Susan MacDonald

Children thrive in environments where the adults model positive relationships and create communities based on trust and respect. In this workshop, we will examine the impact that toxic stress in a classroom has on young children's brain development and social-emotional skills. We will explore strategies for enhancing your professional skills to help you communicate effectively with your co-workers, as well as techniques to reduce Thursday September 30, 2021 Presented *Via Webinar* 

9:00 to 11:30 am

Free Teaser Webinar for those registered for Susan MacDonald's Inspiring Early Childhood Leadership Institute

gossip. We will use the NAEYC Code of Ethical Conduct as a guide to creating strength-based team relationships and a positive, supportive, respectful environment for children and adults.



### **Pandemic Reflections Series – Learning Journey**

The early learning and child care field has experienced a unique year that has presented itself with unique challenges and exciting opportunities. In reflecting upon the year, we have learned so much that has changed our daily practice. In this series we will be exploring the ideas that link into Community Strategies for Engaging Families, Documentation for Early Learning Environments, Provoking Children's Learning through Outdoor Experiences, and Considerations for Unique Program Design. The sessions were created from feedback and learning within the early learning community as well as linked to research. Participants will have an opportunity to reflect upon daily practice, engage in conversation with fellow educators, consider ways for implementation, and action plan for moving forward. We look forward to exploring this journey of learning with you.

## Session 1: Engaging Families in New Ways with Lessons Learned

- Reflecting on the importance of being positive, flexible, and resilient.
- Consider using different forms of media to reach out to individual families.
- Explore creative ways when sharing children's learning experiences with families (scrapbooks, handmade cards).
- Enhancing family involvement in their children's learning.

#### Session 2: Rethinking Documentation Strategies for Early Learning Environments

- Reflecting on the importance of documentation to share learning.
- Consider using different forms of documentation.
- Explore creative ways of sharing documentation with families.
- Enhancing connections with children, families and educators through documentation.

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**Session 1** Thursday October 28, 2021

Session 2 Thursday November 25, 2021

Session 3 Thursday February 24, 2022

Session 4 Wednesday March 30, 2022

Presented *Via Webinar* 12:00 to 1:30 pm - all sessions

#### Cost

Niagara Administrators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Administrators: \$25 per session or \$65 for full series (4 Sessions)

#### Session 3: Provoking and Extending Children's Learning through Outdoor Experiences

- Reflecting on the importance of outdoor experiences for children.
- Consider using different kinds of experiences offered within the outdoor space.
- Explore creative ways to bring in materials for children to explore.
- Enhancing family's understanding of the importance of outdoor play experiences.

#### Session 4: Considerations for Unique Program Design

- Reflecting on the importance of the program environment and design.
- Consider using different layouts and materials within the design.
- Explore creative ways to include loose parts.
- Enhancing families' understanding of the why behind the materials chosen within the program design.



## Implementing the *Code of Ethics and Standards of Practice* and Our Continuous Professional Learning Program into Daily Practice - Four Part Series

This series is set to support Registered Early Childhood Educators navigate their continuous professional learning plan while weaving their plan into daily practice. We will explore the purpose and meaning of the Code of Ethics and Standards of Practice as it relates to our work. What can you be doing, what might your plan look like, how can ECCDC support your learning – these are all questions that we will be reflecting upon throughout the four part series.

The first session will be laying the foundational pieces and connecting the dots of your plan, available support, ways to learn, and engaging in conversation with fellow colleagues on their journey.

As we move through Parts 2 – 4 we will be breaking down each Standard of Practice, reviewing the Principles, Knowledge, and Practice. As we review each Standard, we will be accessing a variety of resources such as videos, articles, research, books, etc., that will provide opportunities to connect the dots. Through this process educators will have an opportunity to further examine how each Standard links to their practice and research ways to implement them into their continuous professional learning plan.

Session 1: Connecting The Dots

Session 2: Standard I: Caring and Responsive Relationships and Standard II: Curriculum and Pedagogy 20

Session 1

Tuesday January 18, 2022

Session 2 Tuesday February 1, 2022

Session 3 Thursday March 31, 2022

Session 4 Tuesday April 19, 2022

Presented *Via Webinar* 6:30 to 8:30 pm - all sessions

#### Cost

Niagara Educators: No charge (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators: \$40 for full series (4 Sessions) or \$10 per session

Session 3: Standard III: Safety, Health and Well-Being in the Learning Environment and Standard IV: Professionalism and Leadership

Session 4: Standard V: Professional Boundaries, Dual Relationships and Conflicts of Interest and Standard VI: Confidentiality, Release of Information and Duty to Report



## Cultivating a Caring Culture: Tips for Executive Directors, Program Managers and Supervisors with Debbi Sluys

A sign of a positive workplace culture is laughter. How much laughter do you hear at your workplace? Friday March 25, 2022 Presented *Via Webinar* 12:00 to 2:30 pm Niagara Administrators: \$45 Outside Niagara Administrators: \$55

This workshop guides Organizational Leaders through important steps to take to make their workplace a better place to be...for everyone. The "Cultivating Culture Through Consideration" illustrates how simple "considerations" can revitalize your workplace and make it like a second, pleasant home to your employees. Debbi shares tips that will make:

- Hiring Practices and Policies more appealing
- · Leadership Communication more intentional and positive
- · Generating fresh ideas easier and more rewarding



## Conflict Resolution for Early Learning Leaders: Does it really work?

During this workshop you will discover conflict resolution styles and unearth your style: whether you're aggressive or assertive, and find effective ways to use your style and the most appropriate ways. You will learn that conflict resolution can and does really work for you through problem solving. Time will be made available to examine conflict case studies. Friday June 3, 2022 Presented *In Person in Niagara* 12:00 to 2:30 pm Niagara Administrators: \$45 Outside Niagara Administrators: \$55


Very Special Presentations Featuring Acclaimed Authors, Researchers and Storytellers





#### The Upward Spiral: Key Strategies to Ignite Passion and Transform Program Quality

Positive strength-based energy is the key to transforming the quality of educational programs. Discover the benefits of creating a vibrant, engaging, and strengthbased learning environment in which all children and adults thrive. We will examine how focused, intentional, inspirational leadership can mitigate the stress of new initiatives and standards and provide new perspectives and possibilities. Through active engagement in reflective learning activities, you will gain new tools to provide

# Friday November 11, 2022 - new date!

Presented *in Person Reception and Dinner* (Ramada Beacon Harbourside Hotel, 2793 Beacon Boulevard, Jordan

6:30 registration; 7:00 to 9:00pm dinner and keynote

effective staff supervision, observation, feedback and develop strategies for overcoming setbacks. You will also have the opportunity to build a resource kit to guide you on the rewarding path of inspirational leadership.

#### Inspiring Early Childhood Leadership: Strategies to Ignite Passion and Possibility

This **full day** workshop lays out strategies designed to support program leaders in finding new ways to reduce the levels of stress on themselves and their staff, and move into a unified, engaging system for leading with passion, intention, and purpose. Through interactive experiences, you will explore wellresearched, inspirational and motivational leadership techniques, with a focus on strength-based communication, program transformation, positivity and systemic change. Participants will work together focusing on these vital questions - how can leaders:

- motivate and inspire teachers?
- bring renewed energy, joy, engagement and intentionality into our learning communities?
- embrace and facilitate change?
- create healthy, dynamic workplace relationships in our respective contexts?
- reconnect to our own passion with a renewed sense of purpose in our work?

The fundamental goal of this workshop is to inspire and guide leaders to move past their current challenges toward a vision of new possibilities, leave refreshed, recharged, and ready to facilitate positive change in their daily work and learning communities.

#### Saturday November 12, 2022 - new date!

Presented *in Person Saturday Full-day Workshop* (Ramada Beacon Harbourside Hotel\*, 2793 Beacon Boulevard, Jordan)

9:00 am to 3:00 pm

Niagara educators: \$180 includes dinner and keynote on Friday and full day workshop including breakfast and lunch on Saturday, along with a copy of Susan MacDonald's book as well as a FREE webinar teaser on September 30, 2021

Outside Niagara educators: \$190

\*Accommodations may be made by calling the hotel directly at 905.562.4155 (quote "ECCDC" as the group code)



### Opening the Culture Door: Embracing Diversity and Different Cultural Perspectives with Acclaimed Author Barbara Kaiser

Implicit bias and racial inequity have existed for a long time. Families are children's first teachers. Children begin to construct their identity—to understand who they Thursday April 7, 2022 Presented *Via Webinar* 6:30 pm to 8:00 pm Niagara Educators: \$25 Outside Niagara Educators: \$35

are—from understanding their own culture and by responding to how others see and relate to them. This workshop will help early childhood educators to recognize their own implicit bias and implement culturally and linguistically relevant strategies that enable all children to feel valued and successful.



# Adventures in Risky Play: What is Your Yes?

## With Internationally renowned Playscape Designer and Author Rusty Keeler

Go to the heart of risk-taking and children. As parents and educators working with young children, we all have boundaries and feelings around what risky play should be allowed. Examine the cage of boundaries that we have created for ourselves and our children. Challenge each other to rattle our cage and discover where the lines are movable. In our role as educators and caretakers, when we allow children to play and confront risk on their own terms, we see them develop, hold their locus of control, and make choices on how to navigate the bumpy terrain of a situation. What better teaching tool for life is there?



#### Saturday May 14, 2022

Presented *In Person In Niagara Your health and safety is our priority.* This session will be moved forward or will be offered via webinar if it is not safe to meet in person in May.

10:00 am to 4:00 pm

Niagara Educators: \$55 includes the full day workshop and an individualized boxed lunch

Outside Niagara Educators: \$75 includes the full day workshop and an individualized boxed lunch

Books will be available to purchase onsite. If you wish to receive a copy of the book prior to the session please reach out to the ECCDC Resource Lending Library at eccdc@eccdc.org



## Exploring Empathy Building with Internationally Acclaimed Mary Gordon the Founder of Roots of Empathy and Seeds of Empathy

The ECCDC is working with our partners at Niagara District School Board and the District School Board of Niagara to plan two exciting professional learning opportunities with Mary Gordon.

Keep a look out for information related to a Fall virtual event with Mary Gordon and a future in person speaking engagement with Mary visiting Niagara in Spring 2022!



## Rethinking Documentation Following the Pandemic and Becoming Re-Inspired with Susan Stacey

The Pandemic forced a necessary shift away from some of the previous pedagogical practices that educators and programs had been reflecting so much upon and working so hard to implement into daily practice, including our documentation practices.

The ECCDC is so pleased to bring internationally respected author, researcher and educator, Susan

#### Saturday June 4, 2022

Presented In Person In Niagara at the ECCDC Conference Centre or Off Site as Needed to Accommodate Registration Numbers

10:00 am to 1:00 pm followed by a Networking Lunch

Niagara Educators: \$55 includes the workshop and an individually boxed lunch

Outside Niagara Educators: \$75 includes the workshop and an individually boxed lunch

Stacey back to Niagara to help us rethink documentation in light of what we've learned throughout the pandemic and to help us refocus and become re-inspired with our most important work of documenting children's experiences.





# Peer to Peer Book Study Opportunities

### Join us for a Reflective Practice Book Study!

Over the course of four webinar sessions, we will be digging deeper into "Loose Parts 3: Inspiring Culturally Sustainable Environments" written by Lisa Daly & Miriam Beloglovsky. This inspiring book contains beautiful photos and strategies for supporting children's sense of belonging and identities through loose parts play in your early learning environment. Join our team as we share thoughts, ideas and reflect on the concepts in this book through discussion and photo study during this interactive book study.



Session 1

Monday October 18, 2021

Session 2 Monday November 22, 2021

Session 3 Monday January 17, 2022

Session 4 Monday February 14, 2022

Presented Via Webinar

6:30 to 8:00 pm - all sessions

Niagara Educators & Administrators: No charge - book not included (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators & Administrators: \$25 for the full book study (book not included)

If you wish to purchase a copy of the book through the ECCDC please reach out to our lending library team at eccdc@eccdc.org



Session 1: An Introduction to Culturally Sustainable Environments and The Arts (Art, Language and Literacy & Music)

Session 2: Inquiry (Engineering, Science and Math & Sensory Exploration)

Session 3: Daily Living (Cooking Spaces, Imaginative Play & Nurturing, Empathy and Caring)

Session 4: Child, Family, Community (Children's Identity, Family and School Traditions & Community)

## Join us for an exciting new virtual book study on Rusty Keeler's Latest Book, Adventures in Risky Play: What is Your Yes?

Through his book, Rusty Keeler invites us to examine the cage of boundaries that we have created for ourselves and our children. He challenges us to rattle our cage and discover where the lines are movable. In our role as educators and caretakers, when we allow children to play and confront risk on their own terms, we see them develop, hold their locus of control and make choices on how to navigate the bumpy terrain of a situation. This book contains many inspiring photos, anecdotes and information that are sure to motivate you to consider "what is your yes?"! Through this book study, we will engage in discussion and reflection on each section of the book, as we share thoughts and ideas surrounding risk and play that challenges.



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Session 1 Wednesday April 13, 2022

Session 2 Wednesday May 18, 2022

Session 3 Wednesday June 8, 2022

Session 4 Monday June 27, 2022

Presented Via Webinar

6:30 to 8:00 pm - all sessions

Niagara Educators & Administrators: No charge - book not included (sponsored through funding provided by Niagara Region Children's Services)

Outside Niagara Educators & Administrators: \$25 for the full book study (book not included)

If you wish to purchase a copy of the book through the ECCDC please reach out to our lending library team at eccdc@eccdc.org This book study will be broken down into four sessions:

Session 1: Play Manifesto

Session 2: Ways to Support Risky Play

**Session 3: Provocatives** 

Session 4: Program Tour & Extra Stuff

## **Rusty is Coming to Niagara!**

Please see page 77 for further details of his in person session.



# Niagara Communities of Practice Network Meetings



ECCDC's organizational support team would like to invite Niagara's educators to join their colleagues for discussion and reflection through community of practice networks in a peer to peer setting. We hope to offer these network meetings in person if possible, based on direction from Niagara Region Public Health. If that's not possible, the network meetings will be offered via Zoom. The Networks will be exploring concepts and ideas related to current trends and research in the early learning field such as engaging families, documentation, outdoor play and environments. During the networks, educators will be provided an opportunity to connect, listen, and consider next steps for their daily practice. If you have any questions or ideas you would like added to the agenda for the network to explore, please send them to eccdc@eccdc.org.

#### Licensed Child Care Supervisors Network

The Supervisors Network will offer supervisors a chance to connect with their colleagues to share and discuss their journey of change and renewal over the past few months. During the network Supervisors will have an opportunity to engage in conversation around strategies to support their team and families, review resources available to support their role, have conversations and share photo documentation around seasonal experiences their team has been offering, explore ideas for upcoming network meetings, reflect on challenges and brainstorm solutions, and consider ways to implement mindfulness into their daily practice and for their teams.

• Monday September 20, 2021 • 9:00 to 11:00 am

#### **Nature Alliance Network**

Join the ECCDC as we explore nature from our favourite outdoor environments. We will be exploring research highlighting the impact of incorporating nature connections both indoors and outdoors into children's daily lives. Participants will be invited to share about their favourite outdoor environment, reflect on the research materials shared, share photo documentation around outdoor experiences they are offering, engage in round table discussion of challenges and collaboratively brainstorm solutions, and explore resources available through ECCDC that they can use within their centres.

• Monday September 20, 2021 • 5:00 to 6:30 pm

#### **Executive Director Network**

Join us for this grant writing workshop with Tamara Coleman-Lawrie, Director of Community Impact, United Way Niagara, as we dive into the key elements and considerations for successful grant writing. We will explore the various components to grant writing, important steps to take, and how to incorporate the funder's focus in your proposal.

• Wednesday September 29, 2021 • 10:30 am to 12:00 pm

#### Licensed Child Care Cooks Network

The Cooks Network will have an opportunity to connect, experience a grounding exercise, cooking demo, explore resources and materials to support their role, share recipes, and reflect upon challenges while collaborating to find solutions. Updates will be provided from Niagara Region Public Health.

• Monday November 15, 2021 • 2:30 to 4:00 pm

#### New to Early Learning Network

The New to Early Learning network is the latest community of practice to be offered by the ECCDC. The network will provide opportunities for Early Childhood Educators who have graduated within the last 3-years to come together to connect and engage in conversations with other recently graduated early learning professionals from across Niagara. The inaugural meeting will take place in December 2021, and participants will be invited to engage in conversations to vision the direction of this new network.

• Monday December 6, 2021 • 6:30 to 8:00 pm

The following networks will offer educators time to connect with colleagues working in the same age range. During the network meeting educators will have an opportunity to reflect upon a resource specific to their age group, take part in a mindfulness experience that can be used in programs, have conversations, and share photo documentation around experiences they have been offering, explore resources to support curriculum and engage in round table discussions to share challenges and brainstorm solutions.

#### **Preschool Network**

• Monday September 20, 2021 • 7:00 to 8:30 pm

#### **School Age Network**

• Monday November 15, 2021 • 9:30 to 11:00 am

#### Infant and Toddler Network

• Monday November 15, 2021 • 7:00 to 8:30 pm



#### Winter 2022 Networks

Details for the Winter 2022 Network meetings will be sent out via ECCDC email in Fall 2021 based on the current trends, interests, and feedback from the Fall 2021 Network participants.

#### Spring 2022 Networks

Details will be sent out via ECCDC email in March 2022 based on the current trends, interests, and feedback from the Winter 2022 Network participants.



## Organizational Supports and Professional Learning Planning for Your Team: A Benefit of ECCDC Membership

#### **Administration and Operational Supports Include**

- Executive Director and Supervisor Mentoring
- Organizational reviews
- Support in developing policies and procedures
- Performance management and team building
- Board Development
- IT Supports: Hardware, Software, Training, and website design
- Financial Management
- Marketing and Communications including
- Signage, flyers and packages.
- Furniture, resource and supply purchasing
- Customized Training

Educator Resources include

- Indoor Environmental Design
- Outdoor Playground Design
- Curriculum and Pedagogy Planning
- Purchasing of Resources
- Customized Training
- Private Meeting Space for Staff Meetings and Tours

## Supporting Teams with Goal Setting and Professional Learning Planning

- Step One Identifying Your Organizational Goals: These goals could be based on parent and staff feedback, strategic planning, your Program Statement, board prerogatives, and/or longstanding wishes.
- Step 2 Designing a Skills and Knowledge Inventory: We will work with you to create a skills and knowledge inventory that identifies all of the specific skills that your staff need to fulfill your organizational mission, program statement and to meet your clients' needs.
- Step 3 Developing a Professional Learning Plan: We will combine results from both of these tools to help you identify the specific training and resources that would be most beneficial for you and your Team to fulfill your goal setting.

#### **To find out more about our Organizational Memberships**, call 905.646.7311 ext. 304 or email eccdc@eccdc.org.



**Looking for personal protective equipment?** The ECCDC has disposable masks and gloves, disinfectant wipes and spray, face shields and hand sanitizer available to purchase in our E-Store at https://eccdc.org/product-category/ppe-products/

The ECCDC extends gratitude to Niagara Region Children's Services for subsidizing costs associated with many of our programs and services in support of Niagara Region's early learning programs.





Early Childhood Community Development Centre 3550 Schmon Parkway, Thorold, ON L2V 4Y6 | 905.646.7311 ext. 304 | eccdc@eccdc.org | www.eccdc.org 🚯 🕥 🗃

Any of the sessions you read about in esteem can be customized to meet the individualized needs of your program or organization.