

# The Seven Life Areas Vision Board Workshop



You carry many titles: committed professional, spouse, parent, daughter, son, friend. But a title doesn't reflect what's inside. Through the process of developing a Vision Board, you will reveal the unique personality within you. What you were organically meant to be in this world. You will identify what will fulfill you, inspire you, make you content. Find it. Reveal it. Declare it. Dare to Declare with Debbi Sluys

## ***Why choose this fun workshop?***

### **You will learn:**

- What many celebrities (Oprah, Katie Perry, Ellen) already know about the power of Vision Boards
- The brain science behind the success of Vision Boards
- The Law of Attraction and how to apply the principles for results
- To set Goals in areas of your life you want to focus on
- The importance of daily gratitude
- To use your Vision Board daily to its fullest potential to uncover the power to live your best life

### **You will gain:**

- focus to live intentionally
- a new language to be positive
- a sense of purpose
- an appreciation for your desires, values and goals
- new positive habits

**Thursday November 29, 2018 • 6:00 to 9:00 pm • ECCDC Conference Room, 3340 Schmon Parkway, Thorold • \$55 includes all materials**



### **Personal Development & Empowerment Coach**

Debbi Sluys specializes in helping people elevate and improve their physical, mental and spiritual well-being, expanding the brain's potential, and with living intentionally in a state of gratitude and kindness. With nearly 30 years experience in early childhood development, Debbi has gathered a wealth of valuable knowledge about the power of mindset, visioning and success. With her background in professional development and skills in public speaking, Debbi can help you use your brain's full capacity to reveal your individual dreams, discover your "whys" and accomplish your personal destiny.

Debbi guides people to create a clear vision for their future. Allowing themselves the indulgence of being creative and "playful", people then expand by adding supportive visuals that slowly uncover their dreams and true potential.

Debbi has studied personal development and success for over 20 years, leading people to become their best selves. She has witnessed the science at work and will guide you through it, empowering men and women to find their joy and "Dare to Declare" their destiny.