



eccdc
early childhood community development centre

Speaking the Languages of School Age Children

School Age Series 1

with **Ginette Wilson**

Physical Literacy in School Age Programs

Adults assume that young people are naturally active; however, current research is indicating that this is not always the case as they are now engaging in high levels of sedentary behaviours and low levels of physical activity. Levels of physical activity in the early years are indicators of physical activity in later life and health, and are the foundation for physical literacy. Educators have an important role to play in supporting young people to develop the disposition to become physically literate and physically active. If you would like to engage in reflective conversations and gain strategies on how to enhance physical literacy within your school age program, join us for this interactive, hands-on workshop.

Tuesday June 4, 2019 • 6:00 to 9:00 pm (6:00pm networking and light refreshments; 6:30pm workshop begins; 9:00pm workshop closing) • Durham Banquet Hall and Conference Centre, 559 Bloor Street West, Oshawa • \$70 includes materials and nutrition break • **To register**, call 905.646.7311 ext. 304, email eccdc@eccdc.org or visit www.eccdc.org



Ginette Wilson, BA (Hons), RECE, DiP L3

Ginette has enjoyed a 30 year career in early learning and child care in North America and the United Kingdom in a variety of positions including working directly with children, managing early learning and child care teams and consulting with not for profit and private organizations and government and social service agencies. Most recently, Ginette has worked with DSBN as a Designated Early Childhood Educator and with Rosalind Blauer as a Registered Early Childhood Educator. In the United Kingdom, Ginette worked as a Childcare Development Officer, promoting high quality child care services for children from birth to 16 and their families. She also worked as a Play Training Development Instructor; developing, delivering and coordinating a variety of workshops and network sessions. Ginette also served as a Childcare Manager in addition to holding various early childhood educator positions.