

Licensed Child Care Supervisor Network

Agenda

- Welcome and Introductions
- Update from Niagara Region Children’s Services
- Mindfulness Moment
- Well-Being
- Reflection on Podcast
- Journey
- Brainstorming
- Questions and Connections
- ECCDC Resources and Services Available
- Upcoming Network Meetings
- Next Steps



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Welcome and Introductions

- Welcome to the Licensed Child Care Supervisor Community of Practice Network!
- Round table introductions sharing the program you work for and how long you have been with the program.



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Niagara Region Children’s Services Updates

- Darlene Edgar, Director Children’s Services
- Laura Rasmussen, Manager Children’s Services



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Mindfulness Moment

- Box Breathing



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Well-Being

- Getting Started with Mindfulness: A Toolkit for Early Childhood Organizations – www.zerotothree.org
- Group Experience
- Powerful Interactions – How to Connect with Children to Extend Their Learning 2nd Edition – Amy Laura Dombro, Judy Jablon, & Charlotte Stetson
- Feel Good February! www.eccdc.org



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Reflection on Podcast

Helping to Build Families up, Overcome Barriers, and Feel Connected through Challenging Times

As Early Learning Professionals, you have spent valuable time working on building relationships and fostering authentic connections with families to create a sense of belonging and well-being within early learning settings. Families value those interactions with their children and educators and place high importance on being involved in their child's day.

In this session we will uncover how stressors, reservations, and change can cause families to feel disconnected and what we can do to bridge the gap of communication and overcome barriers together. We will learn about how families are mourning the loss of being engaged in their child's day through entering your Early Learning Settings and how we can use empathy as a tool to feel connected, once again.



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Personal Reflection on Your Journey

- What has been your biggest accomplishment on your journey?
- What are you looking forward to next?



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Brainstorming

- Round Table Discussion for Brainstorming Challenges and Solutions



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Further Questions and Connections

- Questions
- Connections



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ECCDC Resources and Services Available

- www.eccdc.org
- ECCDC Services extending to February 9, 2021
- Curbside pick up and drop off available Tuesday, Wednesday and Thursday 3:00 -7:00 p.m., Friday and Saturday 1:00 – 4:30 p.m.
- Please contact 905-646-7311 ext. 304 upon arrival
- Personal Protective Equipment can be purchased through www.eccdc.org/shop or by email eccdc@eccdc.org or by phone 905-646-7311 ext. 304



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Upcoming Network Meetings

- **LCC Cook's Network** – Friday February 5, 2021 2:30 – 4:30 p.m.
- **Infant and Toddler Network** – Tuesday February 9, 2021 6:30 – 8:30 p.m.
- **Preschool Network** – Tuesday February 23, 2021 6:30 – 8:30 p.m.
- **School Age Network** – Tuesday March 2, 2021 6:30 – 8:30 p.m.
- **Niagara Nature Network** – Monday March 8, 2021 6:30 – 8:30 p.m.



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Next Steps

- What are topics you would like to explore in our 2021 network meetings?
- Follow up to today's network meeting



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