

Licensed Child Care Supervisors Winter Network Meeting Notes –
January 26, 2023

Welcome and Introductions – Participants introduced themselves and shared a one word focus/goal for 2023 which included

- Unstoppable
- Balance
- Pivot/Rethink
- Adapt
- Growth

Mindfulness Moment –Participants participated in a mindfulness grounding experience. Please see accompanying PowerPoint Presentation for details.

Reflection on Resources - Devereux Resilient Leadership Survey (DERLS) was reviewed and highlights to how it can be incorporated into their program were shared, which included

- Using the tool with the staff evaluation along side the supervisor

Wellbeing – Participants shared ways they are supporting their wellbeing which included

- Maintaining boundaries on working hours and emails
- Working on their work life balance
- Setting boundaries on calling hours
- Brain dump in the middle of the night

Sharing Photos and Documentation

- Documentation was shared of the supervisor documenting the educators to include them and celebrate the work they are doing with the children
- Centre using vision boarding with pic collage and Canva
- Connecting to the community is a goal for 2023 (example the local library)

Round Table Discussions – Brainstorming challenges and solutions, questions and connections

A discussion took place around the following

- How can we encourage staff to be comfortable going from classroom to classroom?
- o Discussing safety protocols such as handwashing and the importance of connecting with the children
- o Have a flexibility challenge
- o Show appreciation to the staff. Find out their love language
- Looking for resources for outdoorspace
- o Would find it helpful to see photos of other spaces and resources
- o Discussed needing big fun resources
- o ACW Woodlawn outdoor open house on February 4th.
- o Adding in naturalized items and using what is already outside

QCCN Update – Please see the PowerPoint presentation for further information

- Enjoyed the refreshers that were available to the staff team

How can the ECCDC Support you? A review of the ECCDC supports was shared. The participants shared the following

- Supervisor specific support
- Environment support is available for indoors and outdoors
- Series for Mindfulness

Upcoming Next Steps and Network Meetings

- Discussion on meeting topics included: how to encourage staff to be a part of professional development and how to show staff appreciation
- Please refer to ESTEEM for next meeting date, time and venue

