

## Children's Actions, Relationships, and Emotions (C.A.R.E.) Behaviour Checklist Information Sheet

The Children's Actions, Relationships, and Emotions (C.A.R.E.) Behaviour Checklist is a forty-eight item questionnaire/scale designed to screen for behavioural issues in children, twenty-four to seventy-two months, within child care settings. **Remember that all behaviour is a form of communication.**

The checklist is completed over a 20-day time period.

The Behaviour C.A.R.E. Checklist Consent Form is available in [pdf](#) (to print and fill out by hand) or [fillable pdf](#) (to fill out on your computer).

Use the most recent checklist (August 2021), which is self-scoring: [QCCN Behaviour C.A.R.E. Checklist](#)

- **Note:** the following questions are not factored into the scoring for children between the ages of 24 and 42 months: 17, 32, 38, 42, 48

The [Behaviour C.A.R.E. Manual](#) can be used to gain further information about the tool and to reference the scoring matrix on page 3.

We can learn about behaviours through: parental reports, communication with other professionals, formal tools, informal tools, and ABC Charting (Antecedents, Behaviour, and Consequences)

The [Introduction to Quality Child Care Niagara](#) can be used support educators in having conversations around using this developmental screening tool.

Stats are to be submitted by the 15<sup>th</sup> of the month for the month prior through the link sent by Niagara Region. Or you can visit: <https://niagararegion.ca/living/childcare/service-providers/default.aspx> The link is on the right-hand side under Reporting.

- **Reminder:** scores and referrals are reported within the same month on stats form.

### ***How do I support inclusive practices within my program?***

Regarding Behaviour support, contact Jennifer Saltarelli (Pathstone Mental Health) at 905.688.6850 ext. 305 or [JSaltarelli@Pathstone.ca](mailto:JSaltarelli@Pathstone.ca)

Connect with the QCCN Coordinator [905-646-7311 x306](tel:905-646-7311) or [ptan@eccdc.org](mailto:ptan@eccdc.org) with questions or for further support. The QCCN Coordinator is also available for training refreshers for your staff team.