



## The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 27

Explore your personal professional learning goals through a variety of webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

### Online Webinars and Training for Educators and Administrators

- Sleep Training Tools and Methods with special guest Laura Malbrecht, Certified Sleep Consultant - **October 27, 2020 at 8:00 pm (EST): [click here](#)**
- Sorting through Sanitizing a Naturalized Classroom - **Thursday October 29, 2020 at 2:00 pm: [click here](#)**
- Leading During Uncertainty: Engaging Families During Stressful Times – **November 3, 2020 at 1:00 pm: [click here](#)**
- Mark Making Schemas – **November 3, 2020 from 6:30 to 8:00 pm: [click here](#)**
- Early Childhood Educators Qualifications Upgrade & Leadership Certification Grant Program - **Tuesday, November 10, 2020 from 7:00 to 8:00 pm: [click here](#)**
- Respect in the Workplace part of the Better Business Practice Series – **November 12, 2020 from 9:00 am to 12:00 pm: [click here](#)**
- Tinkering with Metal – **November 18, 2020 from 6:30 to 8:00 pm: [click here](#)**
- Trauma-Informed Care - Building a Culture of Strength – **November 28, 2020 from 9:00 am to 4:00 pm: [click here](#)**
- Tinkering with Wood – **December 9, 2020 from 6:30 to 8:00 pm: [click here](#)**

### Resources for Information on Covid-19

- Public Health Ontario: [click here](#)
- Resources to prevent COVID-19 in the workplace: [click here](#)
- COVID-19 resources for youth, students and young adults: [click here](#)



## Online Podcasts and Videos & Early Learning Websites

- ECCDC Tea Talk: [click here](#)
- ECCDC Blog Post: [click here](#)
- Resilient Educator: [click here](#)
- Early Childhood News: [click here](#)
- Child Care Exchange – Sample Video Links: [click here](#)
- National Family Support Network: [click here](#)
- McCormick Centre for Early Childhood Leadership: [click here](#)
- 13 Strategies for Making Thinking Visible in the Classroom: [click here](#)

## Diversity and Inclusion Resources

- Addressing Anti-Black Racism In Early Childhood Education - **Thursday October 29 at 7:00 pm**: [click here](#)
- World Teacher Day: Use Your Voice To Ensure Equitable Access To Early Childhood Education: [click here](#)
- The Importance of Promoting Diversity in Early Childhood Programs: [click here](#)

## Small Business Resources and Remote Office Environments

- Workplace Safety and Prevention Services – Safety Road Map: [click here](#)
- Remote Work Best Practices for Small Business: [click here](#)
- Save on Energy for Small Businesses: [click here](#)
- Small Business Recovery Resources: [click here](#)
- Employee Engagement Surveys – Expectations vs Reality: [click here](#)

## Health and Wellness

- How To Practice Mindfulness When Working With Young Children: [click here](#)
- How to Add More Play to Your Grown-Up Life, Even Now: [click here](#)
- Quick Stress Relief: [click here](#)



## Outdoor Activities & Resources

- Discover Canada's Native Bees - **October 27, 2020 at 12:00 pm**: [click here](#)
- Rusty's Backyard Episode 4 – Playful Plants: [click here](#)
- Canadian Wildlife Federation – Help the Bats – Host a Halloween Fundraiser and Reap the Rewards: [click here](#)
- The Many Faces (and Places) of Outdoor Education: [click here](#)
- Birds in San Francisco Started Singing Differently in the Silence of the Pandemic Shutdown: [click here](#)

## Arts and Culture

- The 'Decolonization Bootcamp' Uniting Cities and Indigenous Reserves: [click here](#)
- 7 Benefits Of The Arts For Early Years: [click here](#)
- Halloween Crafts for Kids for 2020: [click here](#)
- The Best Inspiration for Your Jack-O-Lanterns Might Come From This Retired Man's 8-Hour Masterpieces: [click here](#)

## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold**.
- We have moved our office location and are open Tuesday, Wednesday, and Thursday from 9:00 am to 9:00 pm and Friday and Saturday from 9:00 am to 4:30 pm to support your needs.
- We offer a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** of items including Personal Protective Equipment: [click here](#)
- We support early learning programs with organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- We offer professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions.

## Uplifting Story of the Week

- Canadian Researchers Gave Homeless People \$7,500 Each and the Results Are So Uplifting: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.