



The Couch Exchange: Professional Learning Opportunities and Resources - February 2022

Explore your personal professional learning goals through a variety of webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

Online Webinars and Training for Educators and Administrators

- Webinar - Implementing the Code of Ethics and Standards of Practice & Our CPL Program into Daily Practice - Session 2: Standard I: Caring and Responsive Relationships and Standard II: Curriculum and Pedagogy – **Tuesday February 1, 2022** from **6:30 to 8:30 pm**: [click here](#)
- Webinar - What Does Indoor Risk Look like for Child Care? - For Educators – **Thursday February 3, 2022** from **6:30 to 9:00 pm**: [click here](#)
- Webinar - What Does Indoor Risk Look like for Child Care? - For Supervisors – **Friday February 4, 2022** from **12:00 to 2:00 pm**: [click here](#)
- Webinar - Sensory Play for Children – **Tuesday February 8, 2022** from **6:30 to 9:00 pm**: [click here](#)
- Webinar - Supporting Wellness in Early Learning Settings through Offering Plant Based Menu Options – **Thursday February 10, 2022** from **6:30 to 9:00 pm**: [click here](#)
- Webinar - Expanding Children’s Block and Construction Play Series, Session 1 – **Tuesday February 15, 2022** from **6:30 to 9:00 pm**: [click here](#)
- Webinar - Makerspace for Schoolagers – **Thursday February 17, 2022** from **6:30 to 9:00 pm**: [click here](#)
- Webinar - Courageous Conversations with Parents – **Tuesday February 22, 2022** from **6:30 to 8:30 pm**: [click here](#)
- Webinar - Considerations for Unique Program Design; Session 4 in Pandemic Reflections Series for Administrators – **Thursday February 24, 2022** from **12:00 to 1:30 pm**: [click here](#)



Black History Month – February 2022

- Webinar - Celebrating Black History Month within Early Learning and Child Care Programs – **Wednesday February 23, 2022** from **6:30 to 9:00 pm**: [click here](#)
- The Government of Canada: [click here](#)
- Black history organizations and educational resources: [click here](#)
- CBC Kids: [click here](#)
- Black History in Canada-A teachers resource guide: [click here](#)
- The Underground Railway-Harriet Tubman: [click here](#)
- Honouring Black History along the Niagara River: [click here](#)
- Children's books: [click here](#)
- St Catharines events: [click here](#)
- Children's book suggestion from Toronto library: [click here](#)
- Supporting Family Child Care Providers and Center Directors Celebrating and Incorporating Black History Month: [click here](#)
- Black History Month Resources: [click here](#)

Valentine's Day – Monday, February 14, 2022

- The Way to Their Heart Through Sensory and Loose Parts: [click here](#)
- Toddlers Approved: Valentine's Day Loose Parts Play: [click here](#)
- Loose Parts Play with Buttons and Hearts: [click here](#)
- Valentine's Sensory Bin and Learning Activities: [click here](#)
- Valentine's Day Sensory Bins: [click here](#)
- Valentine's Day Sensory Bin For Kids: [click here](#)
- Valentine's Day Sensory Bin: [click here](#)
- Valentine's Day Resources: [click here](#)

International Random Act of Kindness Day – Thursday, February 17, 2022

- The Random Act of Kindness Foundation: [click here](#)
- Random Act of Kindness with Infants and Toddlers: [click here](#)
- Random Acts of Kindness with Preschool and Kindergarten Children: [click here](#)



Family Day – Monday, February 21, 2022

- Niagara Falls Family Day Fun: [click here](#)
- Niagara Parks Family Day: [click here](#)
- Niagara Falls Museum ‘Seek and Find’ activities for family day 2022: [click here](#)
- Niagara Families: [click here](#)
- Family Day Resources: [click here](#)
- Family Days Out: [click here](#)

Diversity and Inclusion

- College of Early Childhood Educators – Diversity and Culture: [click here](#)
- Gender diversity in early childhood education: a cause that is advancing at a snail’s pace: [click here](#)
- Helping Children Respect and Appreciate Diversity: [click here](#)
- Promoting Diversity in the Preschool Classroom: Ideas and Activities: [click here](#)
- Canadian Centre for Diversity and Inclusion: [click here](#)

Resources for Information on Covid-19

- Coronavirus disease (COVID-19) Updates for Canada: [click here](#)
- Provincial and territorial resources for COVID-19: [click here](#)
- Public Health Ontario: [click here](#)
- Latest COVID-19 Updates for Ontario: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)
- College of Early Childhood Educators COVID-19 Updates: [click here](#)
- Roots of Empathy – Covid-19 Resources: [click here](#)
- One year later: Follow up results from a survey on COVID-19 and child care in Canada: [click here](#)

Health and Wellness

- Using Nature Contact to Support Children Under Stress: [click here](#)
- Bright Start: Supporting Social-Emotional Development: [click here](#)
- Health and Wellness – Physical, emotional, social health and beyond: [click here](#)
- Online Resources for Social Connection and Mental Wellness: [click here](#)



Online Podcasts and Videos & Early Learning Websites

- That Early Childhood Nerd: [click here](#)
- The Preschool Podcast: For Leaders in Early Childhood Education: [click here](#)
- Real Talk for Real Teachers: [click here](#)
- Benefits of Early Childhood Education: [click here](#)
- The Brain Architects Podcast: COVID-19 Special Edition: Mental Health Vital Signs: [click here](#)
- How Early Childhood Experiences Affect Lifelong Health and Learning: [click here](#)

Small Business Resources and Remote Office Environments

- Managing your Business during COVID-19: [click here](#)
- COVID-19 and Workplace Health and Safety: [click here](#)
- Information to help your business take action during the COVID-19 crisis: [click here](#)
- COVID-19 Small Business Help Centre: [click here](#)
- Workplace Mental Health in the Age of COVID: [click here](#)

Outdoor Activities & Resources

- 10 Tips for Finding Nature to Bring into Your Classroom: [click here](#)
- Message in a Backpack™ Encouraging Your Child Through Risks During Play: [click here](#)
- Toxic Plant List: [click here](#)
- Early Childhood Outside: [click here](#)
- Dressing for the Cold: [click here](#)



early childhood community development centre



Want to Know More about ECCDC Services?

- Check us out online at www.eccdc.org or in person at **3550 Schmon Parkway, Thorold**.
- We are open for members to visit onsite, safe curb-side pick up and drop off of resources. We are also making resource deliveries directly to centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** of items including Personal Protective Equipment: [click here](#)
- Our organization supports early learning programs with organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions.

Uplifting Stories of the Week

- Visit 'Fortlandia' Where Designers Have Built Odes to Childhood Fort-Building: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.