



The Learning Exchange: Quick links for Inspiring Professional Growth

Issue 72 • November 2024

Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

Professional Development

Virtual

- Understanding Your Duty to Report with Family & Children’s Services (FACs) Niagara (Niagara Only) - **November 4, 2024** from **6:30 to 7:30 pm**: [click here](#)
- Professional Learning Series for Home Based Professionals: Strengthening Play in the Home through *How Does Learning Happen?* Session 1 - How Does Learning Happen for non RECEs - **November 4, 2024** from **7:00 to 8:30pm**: [click here](#)
- Schema Play Series: Noticing and Building Upon Children’s Innate Desires Part 2 - **November 5, 2024** from **6:30 to 8:00 pm**: [click here](#)
- “What it Takes to Protect” Abuse Prevention Awareness: Beyond the Duty to Report - **November 6, 2024** from **6:30 to 8:30 pm**: [click here](#)
- Functional Assessment & Positive Behaviour Support - **November 12, 2024** from **6:30 to 8:30pm**: [click here](#)
- Managing Mental Health in the Workplace for Leaders - **November 13, 2024** from **10:00 am to 12:00 pm**: [click here](#)
- Understanding and Implementing Diversity, Equity & Diversity in the ECE Classroom - **November 21, 2024** from **6:30 to 8:30 pm**: [click here](#)

In-person

- Understanding and Implementing Diversity, Equity & Inclusion in the ECE Classroom - **November 7, 2024** from **6:30 to 8:30 pm**: [click here](#)
- Creating Literacy-Rich Playful Learning Experiences in the Early Years Series Session 1: Intentional Picture Books to Inspire Oral Language Through a Sense of Wonder - **November 14, 2024** from **6:30 to 8:30 pm**: [click here](#)



October Highlights

Hindu Heritage Month

- Government of Canada: [click here](#)
- Diwali & Hindu Heritage Month Celebrations in Toronto: [click here](#)
- 7 Ways to Learn About Hindu Culture with Google: [click here](#)
- Indian Hindu Mythology for Young Children: [click here](#)
- All About Mandalas: [click here](#)
- Mandalas: A Practically Perfect Form of Nature Art: [click here](#)
- Andy Goldsworthy Nature Mandalas (video): [click here](#)
- Spice Painting: [click here](#)

Veteran's Week - 1st week

- Government of Canada Learning Resources: [click here](#) for Veteran's Week Learning Resources; [click here](#) for Remembrance Education Materials
- No Stone Left Unturned Educator Resources: [click here](#)

National Bullying Awareness Week: Choose Respect - 2nd Week

- Government of Ontario: [click here](#)
- How to Participate in Anti-bullying Week: [click here](#)
- Anti-bullying Alliance: [click here](#)
- PACER National Bullying Prevention Centre (activities): [click here](#)
- 27 Picture Books for Children About Bullying, Bystanders, and Being Kind: [click here](#)
- 20 Bullying Prevention Books for Young Children: [click here](#)

Restorative Justice Week - 3rd week

- Restorative Practices Made Simple for ECEs (video): [click here](#)
- Restorative Practices in the Early Childhood Classroom: [click here](#)
- Restorative Justice - Preschool Style: [click here](#)
- Implementing Restorative Justice at Ecole Bilingue de Berkeley (video): [click here](#)
- Ways to Implement Restorative Practices in the Classroom: [click here](#)
- The 5 'R's of Restorative Justice: [click here](#)
- UN World Food Program: Food Waste, Global Hunger & You (video): [click here](#)



National Stress Awareness Day - November 6

- The Power of Self-care in Caring for Others (ECCDC podcast): [click here](#)
- Small Actions To Make Big Changes: [click here](#)
- Stress in Children (CCCF article): [click here](#)
- 5 Easy Steps to Helping ECEs De-stress (Harvard GSE): [click here](#)
- Strategies to Help Children Cope with Stress: [click here](#)
- Five Steps to Prioritize Mental Health for ECEs: [click here](#)
- 53 Easy Ways for ECEs to Prioritize Mental Health in 2024: [click here](#)

Inuit Day - November 7

- Inuit Day Resources: [click here](#)
- Inuit Resources: [click here](#)

National STEAM Day - November 8

- 6 Ways to Celebrate: [click here](#)
- Fun STEAM Activities for Preschoolers: [click here](#)
- 11 Engaging STEM Activities for Kids that will Foster Curiosity: [click here](#)
- STEM Playworlds for Infants & Toddlers (video): [click here](#)
- NAEYC STEAM Article: [click here](#)
- Let's Talk Science: [click here](#)
- Playful STEM: [click here](#)

World Kindness Day - November 13

- All About: [click here](#)
- How to Celebrate: [click here](#)
- Activities (video): [click here](#)
- Activities for Preschoolers: [click here](#)
- Activities for School Age Children: [click here](#)
- Random Acts of Kindness Website: [click here](#)
- DCRC Kindness Cascade (video series): [click here](#)
- DCRC The Power of Kindness: A Ripple Effect of Good: [click here](#)



World Children's Day - November 20

- UNICEF Canada: [click here](#)
- Government of Canada: [click here](#)
- Children First Canada: [click here](#)
- Child First Canada Events: [click here](#)

Early Learning Podcasts, Videos and Websites

- Community Playthings: [click here](#) for videos; [click here](#) for resources
- The Seven Wonders of the Early Childhood World: [click here](#)
- Zones of Regulation - Free Resources for Early Learners: [click here](#)
- Zone of Regulation - Free Resources for School-agers: [click here](#)
- Why Play? (Podcast with Rae Pica): [click here](#)
- Inviting Dramatic Play Back into the "Played Out" Space: [click here](#)
- How to Raise Fearless Children (video): [click here](#)
- New Research Makes a Powerful Case for PBL: [click here](#)
- How to Deepen Children's Learning & Preventing Challenging Behaviours by Facilitating PLAY (podcast): [click here](#)
- 20 Creative Cardboard Box Games, Crafts, and Activities: [click here](#)

Diversity and Inclusion

- Everything ECE Podcast: Anti-Bias Education in Early Childhood Spaces: [click here](#)
- Physical Literacy at School: Disabilities Teaching Resource: [click here](#)
- Kids with Disabilities Can be Active for Life: [click here](#)
- Autism Books for Kids: [click here](#)
- 7 Benefits of Yoga for kids with Autism: [click here](#)
- Books About Dyslexia for Kids: [click here](#)
- Celebrating Diversity in Early Childhood Classrooms: [click here](#)



Health, Wellness and Safety

- 8 Ways to Help Children's feelings of Anxiety: [click here](#)
- The Anxious Generation: It's Time to Protect Children Against Social Media: [click here](#)
- 6 Ways to Encourage Healthy Sleep Habits for the Whole Family: [click here](#)
- Preschool Play with Friends Lowers Risk of Mental Health Problems Later: [click here](#)
- Preschool Outdoor Play Time Tied to Lower Risk for Later Obesity: [click here](#)

Outdoor Activities & Resources

- When Your Backyard is Your Classroom, The Possibilities are Endless (video): [click here](#)
- 20 Ways to Get Outside on Rainy Days: [click here](#)
- Outdoor Activities for 4 Year Olds: [click here](#)
- Nature Weaving with Kids (video): [click here](#)
- DIY Mud Kitchen: [click here](#)
- Why Puddle Play is so Great for Kids: [click here](#)
- Fun Activities to Play in the Dark: [click here](#)
- How to Build a Bug Hotel (video): [click here](#)
- 10 Rainy Day Activities: [click here](#)

Small Business Resources

- AI Powered Fundraising: [click here](#)

Uplifting Stories

- 7 Good News Stories from Canada: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.



early childhood community development centre



Want to Know More about ECCDC Services?

- Check us out online at www.eccdc.org or in person at **3550 Schmon Parkway, Thorold**.
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to view our professional learning calendar to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem page, advertising upcoming professional learning from September 2024-June 2025. [Click here](#) to view our customized training catalogue.