



## The Learning Exchange: Quick links for Inspiring Professional Growth

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Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

### Professional Development

#### Virtual

- Igniting Curiosity: Implementing Inquiry-Based Learning in ECE Series Part 2 Delving into Guided Inquiry - **Tuesday January 14, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Building Relationships in School Age Programs Series Part 2: Developing Relationships with Schools and Community Partners - **Thursday January 16, 2025** from **7:00 to 9:00pm** EST: [click here](#)
- Professional Learning Series for Home Based Professionals - Strengthening Play in the Home through *How Does Learning Happen?* Session 2: Unlocking the Magic of Emergent Curriculum - An Introduction to the Emergent Curriculum Approach – **Monday January 20, 2025** from **7:00 to 8:30pm** EST: [click here](#)
- Stimulating Language and Literacy Development in an Inquiry, Play-Based Environment - **Tuesday January 21, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Recruitment, Retention & Performance Management 3-part Series with Achieve Centre Session 1: Hiring Strategies - Recruitment, Selection & Onboarding Strategies - **Wednesday January 22, 2025** from **10:00am to 12:00pm** EST: [click here](#)
- Trauma-informed Emotional Regulation & Well-being in Early learning Settings Series: How to Help Children Feel Safe & Seen Session 1: Holistic Emotional Regulation - **Thursday January 23, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Relationships through Research: Cultivating Connections & Engagement with Children & Families through Teacher Research: A Series for EarlyON Teams Part 2: Studying the Question - Looking Together - **Friday January 24, 2025** from **1:00 to 2:30pm** EST: [click here](#)
- Strategies for Promoting an Equitable & Discrimination Free Early Learning Environment - **Tuesday January 28, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Book Study: Illuminating Care - The Pedagogy and Practice of Care in Early Childhood Communities - **Wednesday January 29, 2025** from **6:30 to 8:00pm** EST: [click here](#)
- Designing YES spaces: Embrace the YES and Design a Space for Children - **Thursday January 30, 2025** from **6:30 to 8:30pm** EST: [click here](#)



## In-person

- Creating Circles of Support Through Cultivating Professional Friendships in ECE: A professional Conversation - **Saturday January 25, 2025** from **10:00am to 12:00pm EST**: [click here](#)

## January Highlights

### National Bagel Day – January 15

- All About: [click here](#)
- Baking with Preschoolers: Homemade Bagels: [click here](#)

### Prime Minister’s Award for Excellence in Early Childhood Education: Closes January 15

- Nominate an Educator: [click here](#)

### National Penguin Day – January 20

- All About: [click here](#)
- Penguin Day Activities: [click here](#)
- Penguin Activities for Preschoolers: [click here](#)
- Penguin Awareness Day STEM Activities: [click here](#)

### Family Literacy Day – January 27

- ABC Life Literacy Canada: [click here](#)
- How to Celebrate Family Literacy Day: [click here](#)
- Ideas for Family Literacy Day: [click here](#)
- Celebrate Family Literacy Day: 3 Easy Ways to Raise a Reader: [click here](#)

### International Lego Day – January 28

- All About: [click here](#)
- Ideas from Wonder Works Children’s Museum (video): [click here](#)
- Loose Parts Play with Lego & Duplo: [click here](#)



## Early Learning Podcasts, Videos and Websites

- ECE Workforce Survey: [click here](#)
- Snowflake Sensory Bin: [click here](#)
- Winter Wonderland Sensory Bin: [click here](#)
- Staying Curious: A New Approach to Making a New Year's Resolution (DCRC): [click here](#)
- What's Wrong With W Sitting? [click here](#)
- New Years Glittery Playdough: [click here](#)

## Diversity and Inclusion

- Tips for Dual Language Learners in Early Childhood Settings: [click here](#)
- Active for Life: Sports & Activities for Canadian Kids with Disabilities: [click here](#)

## Health, Wellness and Safety

- Devereux Center for Resilient Children: [click here](#)
- CCCF How Healthy & Sustainable are you? Child Care Checklist: [click here](#)
- Canadian Centre for Occupational Health & Safety - Healthy Habits (poster): [click here](#)
- Canada Food Guide Videos: [click here](#)
- Crisis & Trauma Resource Institute - Leading Workplace Wellness, Preventing Burnout (Podcast): [click here](#)
- Healthy After School Snacks: [click here](#)

## Outdoor Activities & Resources

- Outdoor Loose Parts Play (video): [click here](#)
- Inspire Active, Creative Free Play with Natural Playgrounds: [click here](#)
- Earthy Chats Podcast: Forging Nature-Based Connections: [click here](#)
- Nature Weaving with Kids (video): [click here](#)
- 7 Way to get Older Kids moving in the Snow this Winter: [click here](#)

## Small Business Resources

- Ontario's Fifth Working for Workers Act Receives Royal Assent: [click here](#)
- Charity Village Podcast - Accessible Workplaces: [click here](#)



early childhood community development centre



## Uplifting Stories

- Women's Economic & Leadership Opportunities Fund: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.

## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold**.
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to view our professional learning calendar to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem page, advertising upcoming professional learning from September 2024-June 2025. [Click here](#) to view our customized training catalogue.