



The Learning Exchange: Quick links for Inspiring Professional Growth

Issue 74 • February 2025

Explore your personal professional learning goals through a variety of workshops, webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

Professional Development

Virtual

- Self-Regulation – **Tuesday February 4, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Pour les éducateurs/éducatrices francophones: Comment aider nos enfants à développer l'autorégulation et mieux gérer ses comportements – **Wednesday February 5, 2025** from **6:30 to 8:30 pm** EST: [click here](#)
- Wellness Strategies: Stress, Compassion Fatigue, and Resilience for Educators – **Thursday February 6, 2025** from **7:00 to 9:00pm** EST: [click here](#)
- Exploring Inclusion in Our Early Learning and Child Care Programs, Session 1 of 4: Educator Self-Reflection and Self-Awareness – **Tuesday February 11, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Plant-based Culinary Adventures in the Classroom – **Thursday February 13, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Early Learning Art Explorations Series, Session 1 of 3: Process? Product? Examining Our Ideas About Young Children and the Arts – **Tuesday February 18 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Lead Like it Matters – **Wednesday February 19, 2025** from **10:00 to 11:30am** EST: [click here](#)
- Strengthening Your Program Through Trauma-Informed Practice – **Saturday February 22, 2025** from **8:30am to 4:00pm** EST: [click here](#)
- Ten Things Outstanding Board of Direction Teams Do – **Wednesday February 26, 2025** from **9:30 to 11:30am** EST: [click here](#)
- Trauma-Informed Emotional Regulation & Well-Being in Early Learning Settings Series, Session 2 of 3: Adverse Early Childhood Experiences (ACEs) and Attachment Styles in Young Children Workshop – **Thursday February 27, 2025** from **6:30 to 8:30pm** EST: [click here](#)



In-person

- Creating Literacy-Rich, Playful Learning Experiences in the Early Years Series, Session 2 of 3: The World of Mark Making - Early Writing Behaviours – **Thursday February 20, 2025** from **6:30 to 8:30pm** EST: [click here](#)
- Strengthening Our Understanding of Indigenous Culture in Early Childhood – **Monday February 24, 2025** from **6:30 to 8:30pm** EST: [click here](#)

February Highlights

Black History Month

- Statistics Canada: [click here](#)
- PBS Kids for Parents Resources: [click here](#)
- College Talk - Celebrating Black History Month Through Reflection and Action: [click here](#)
- Brock University - Celebrating Black History, African Heritage Focus of February Events: [click here](#)

Not for profit Appreciation Week – 3rd Week of February

- Ontario Nonprofit Network: [click here](#)

Heritage Week – 3rd Week of February

- Ontario Heritage Trust: [click here](#)

Freedom to Read Week – Last week of February

- Freedom to Read: [click here](#)

World Wetlands Day – February 2

- All About: [click here](#)

Niagara College annual Careers Fair – February 3 & 4

- Information: [click here](#)

Canada Wildlife Federation Webinar – February 5

- Embracing the Chill: Lessons from Winter Wildlife: [click here](#)

Safer Internet Day – February 11

- EU: [click here](#)



International Day of Women & Girls in Science – February 11

- United Nations: [click here](#)

Valentine’s Day – February 14

- Valentine’s Nature Play: [click here](#)

National Flag Day – February 15

- Government of Canada: [click here](#)

Random Act of Kindness Day – February 17

- All About: [click here](#)
- Random Acts of Kindness Foundation: [click here](#)
- Make Kindness the Norm at Your School: [click here](#)
- Make Kindness the Norm at Work: [click here](#)

World Day for Social Justice – February 20

- United Nations: [click here](#)

International Mother Language Day – February 21

- All About: [click here](#)

Pink Shirt Day – February 26

- CKNW Kids Fund: [click here](#)

First Day of Ramadan – February 28

- All About: [click here](#)



Small Business Resources

- RBC Grant: [click here](#)
- Importance of Employer Pension Schemes: [click here](#)

Uplifting Stories

- Runner Completes 268 Mile Race - 18 Months After Being Unable to Walk Due to Brain Condition: [click here](#)

Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Learning Exchange.

Want to Know More about ECCDC Services?

- Check us out online at www.eccdc.org or in person at **3550 Schmon Parkway, Thorold.**
- We are open for members to visit onsite and can also make resource deliveries directly to member centres. Please contact the ECCDC at **905.646.7311 ext. 304** to make arrangements.
- The ECCDC offers a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** with resources, books, and more!
- Our organization offers early learning programs organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- The ECCDC designs and delivers professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to view our professional learning listing to see what we have scheduled or register for one of our sessions. [Click here](#) to view our Esteem page, advertising upcoming professional learning from January-June 2025. [Click here](#) to view our customized training catalogue.