



The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 17

Engage in webinars and access new resources, websites and other virtual learning to support your ongoing journey and well-being.

Resources for Information on Covid-19

- Government of Ontario Starting Down the Path to Growth, Renewal and Economic Recovery including the Education Act: [click here](#)
- Government of Ontario Extends Emergency Orders: [click here](#)
- Niagara Region Service Closures and Disruptions: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)

Online Webinars and Training for Educators and Administrators

- How to Not Waste Time on Social Media as a Nonprofit Webinar with Adam Walker - **July 14, 2020 at 12:00 pm:** [click here](#)
- SaskPolytech: Puppet Fun – Methods to Engage Children with Puppets – **July 14, 2020 at 9:00 pm:** [click here](#)
- Trauma-Informed Care Webinar Series - Know, then Grow: Becoming an Anti-Racist, Anti-Biased, Trauma-Informed Educator – **July 15, 2020 at 1:00 pm:** [click here](#)
- CAMT – Critical Thinking by Design – **July 22, 2020 from 7:00 pm to 8:30 pm:** [click here](#)
- The Changing Face Of Canadian Donors - **Thursday July 23, 2020 from 1:00 to 2:00 pm:** [click here](#)
- Trauma-Informed Care Webinar Series - Cultivating Connections After Trauma: Relationship Equity in Your Classroom – **July 23, 2020 at 2:00 pm:** [click here](#)
- Trauma-Informed Care Webinar Series - Promoting Resilience and Hope in Times of Trauma - **July 29, 2020 at 2:00 pm:** [click here](#)
- Managing Employees In Uncertain Times - **Thursday August 13, 2020 from 1:00 to 2:00 pm:** [click here](#)
- SaskPolytech: Guiding Children’s Behavior – **August 20, 2020 at 9:00 pm:** [click here](#)
- Prepare, Prevent, Protect: Security & Safety in Early Childhood Facilities – **September 16, 2020 at 2:00 pm:** [click here](#)
- Retain And Gain: How Career Ownership Is Transforming Nonprofits And Charities **(Recorded):** [click here](#)
- Creating A Successful Corporate Employee Engagement Program **(Recorded):** [click here](#)



Online Podcasts and Videos

- The Preschool Podcast – The Future of Play in Early Education with Tom Hobson (Teacher Tom): [click here](#)
- The Preschool Podcast - Recruit, Train & Retain Child Care Staff: [click here](#)
- Podcast: Always Be Learning With Aaron Sanderson: [click here](#)
- NPR Sesame Workshop - What To Say To Kids When The News Is Scary Podcast: [click here](#)
- COVID-19 The Battle We Weren't Prepared For: [click here](#)

Diversity and Inclusion Resources

- Birth Equity during COVID-19 **(Recorded)**: [click here](#)
- Empathy: A Key Ingredient In Effective Diversity, Equity And Inclusion: [click here](#)
- The Two Faces Of Charity: [click here](#)
- A Kids Book About Racism by Jelani Memory: [click here](#)
- 12 Strategies from Blended Practices for Teaching Young Children in Inclusive Settings: [click here](#)

Small Business Resources and Remote Office Environments

- Developing and Sustaining Effective Parent Advisory Committees Training – July 28-29, 2020 at 4:30 pm: [click here](#)
- What You're Required to Post in the Workplace? [click here](#)
- Adventures in Alternative Work Arrangements: [click here](#)
- Going Contactless Guide for Childcare Centers: [click here](#)
- Rethinking Work Schedules? Consider These 4 Questions: [click here](#)

Early Learning Websites

- College of Early Childhood Educators COVID-19 FAQs: [click here](#)
- Child Care Canada Now Blog Resources and Updates: [click here](#)
- The Canadian Council of Montessori Administrators (CCMA) Updates: [click here](#)
- Storypark Blog What's New: [click here](#)



Health and Wellness

- SaskPolytech: Child Nutrition – **July 30, 2020 at 2:00 pm**: [click here](#)
- 3-Minute Meditation through Tough Times: [click here](#)
- Early Years TV – How to Support Children’s Well-being: [click here](#)
- Community Resilience & Healing during COVID-19 (**Recorded**): [click here](#)
- Mental Health Partners Self-Care for Child Caregivers During a Pandemic: [click here](#)
- A Virtual Q & A with Shopper Drug Mart Pharmacists: [click here](#)

Resources for Working With Children of All Ages

- Storytelling to Help Children Cope with Changes in Schools and Daycares: [click here](#)
- Top Children’s Books by Canadian Authors: [click here](#)
- Creative Circle Time: Music, Stories & Games: [click here](#)
- Toronto Raptors Norman Powell and Minister of Education Stephen Lecce Talk about the Importance of Math and Sports: [click here](#)
- Chrome Music Lab – Rhythm: [click here](#)
- Have a Ball Together! Resources for Families and Professionals: [click here](#)
- Canadian Space Agency – Creating Moon Craters: [click here](#)
- Cool Kid Facts – History, Geography, Science, Animals and Much More: [click here](#)
- Preschool Education Activity Resource Ideas and Tips: [click here](#)

Outdoor Activities

- Bienenstock Natural Playgrounds 2-Minute Nature Play Workshops “Hammers”: [click here](#)
- Turn the Backyard Into Your Favorite Summer Destination: [click here](#)
- Benefits of Biking for your Family: [click here](#)
- The Ultimate Guide to Backyard Camping: [click here](#)



Cultural and Entertainment Opportunities

- Art Gallery of Hamilton – The Artist’s Dream: Works of French Symbolism: [click here](#)
- 360-Degree Virtual Beach Experiences: [click here](#)
- Artists from La Scala Performing Simon Boccanegra: [click here](#)
- Historic Railway Trail in Bermuda: [click here](#)

Uplifting Story of the Week

- Staying Engaged with a Parent during Isolation Just Takes a Little Creativity: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

For Further Information Regarding Early Childhood Community Development Centre’s Services During Covid-19

- [click here](#)
- **Free Resource Highlight**
 - Looking Forward: Webinars and Resources Related to Reopening Businesses – Issue 3: [click here](#)
 - Branching Out: Resource Updates to Support the Growth & Goals of Educators – Issue 4: [click here](#)
 - ECCDC’s new Blog “Growing Together”: [click here](#)