



## The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 19

Engage in webinars and access new resources, websites and other virtual learning to support your ongoing journey and well-being.

### Resources for Information on Covid-19

- Government of Ontario Continues to Gradually and Safely Reopen Child Care for Working Parents: [click here](#)
- Government of Ontario COVID-19: Reopening Child Care Centres: [click here](#)
- Government of Ontario A Framework for Reopening our Province: Stage 3: [click here](#)
- Niagara Region Poster for Owner/Operators to Post at All Entrances to the Enclosed Public Place (English): [click here](#)/(French): [click here](#)
- Niagara Region COVID-19 Posters and Resources: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)

### Online Webinars and Training for Educators and Administrators

- Leading for Equity & Resilience: Teachers & Trauma (webinar cost) – **August 10, 2020 at 2:00pm**: [click here](#)
- From Reopening to Recovery: Where are we now? Tuesday August 11, 2020 from 7:30 to 9:00 pm: [click here](#)
- Managing Employees in Uncertain Times – **August 13, 2020 from 1:00pm to 2:00pm**: [click here](#)
- The ECE Director's Overwhelm Loop: How to Eliminate Overwhelm in 4 Easy Steps – **August 20, 2020 at 2:00pm**: [click here](#)
- Using Authentic Assessment for Learning Loss Amid COVID-19 – **September 2, 2020 at 2:00pm**: [click here](#)
- Prepare, Prevent, Protect: Security & Safety in Early Childhood Facilities – **September 16, 2020 at 2:00pm**: [click here](#)
- Promoting Language via Oral Storytelling (Recorded): [click here](#)

### Online Podcasts and Videos

- Pathstone TV – The Power of Gratitude: [click here](#)
- Teaching & Parenting Young Children In A Crisis Podcast: [click here](#)
- How To Pivot Your Family Child Care Business During COVID-19 Podcast: [click here](#)



## Diversity and Inclusion Resources

- Diversity & Inclusion In Early Childhood (Recorded): [click here](#)
- Children’s Books to Open the Conversation on Gender: [click here](#)
- Will the Pandemic Reshape Notions of Female Leadership? [click here](#)
- Let's keep it simple: Supporting families of children with special needs: [click here](#)

## Small Business Resources and Remote Office Environments

- Branding 101 for Childcare Providers: [click here](#)
- Adapting Your Center’s Brand During COVID-19: [click here](#)
- 9 Hacks I Learned After Reopening My Childcare Center During COVID-19: [click here](#)
- Deciding Which Enrollments to Keep and Turn Away During COVID-19: [click here](#)
- Solutions for Families You Don’t Have Spots for During COVID-19: [click here](#)
- The New Normal: Finding Efficiencies & Managing Expenses (Free copy): [click here](#)

## Early Learning Websites

- College of Early Childhood Educators COVID-19 Updates: [click here](#)
- The Canadian Council of Montessori Administrators (CCMA) Updates: [click here](#)
- Child Care Canada Now Blog Resources and Updates: [click here](#)

## Health and Wellness

- Reframe How You Think About Self-Care: [click here](#)
- Do-It-Yourself Mini-Retreat: [click here](#)
- It’s Okay to Say “No” to Social Events During Covid: [click here](#)
- Conquer Your To-Do List With This Simple Hack: [click here](#)
- Trauma Informed Methods for Early Educators (Recorded): [click here](#)



## Resources for Working With Children of All Ages

- Intergenerational activities for grandparents and children during COVID-19: [click here](#)
- Ice Cream in a Bag - Science Experiment: [click here](#)
- Activities to Help Preschoolers Develop Gross Motor Skills: [click here](#)
- How to create a “risky play” backyard playground: [click here](#)
- One piece of chalk, 8 active games: [click here](#)
- Mindfulness Tools – The UnGame for Kids, Teens and Grown-Ups: [click here](#)
- How to Make Moon Sand: [click here](#)
- Storyline Online – The Empty Pot read by Rami Malek: [click here](#)

## Outdoor Activities

- Outdoor Classroom – Outclass: [click here](#)
- Get Gardening and Help Wildlife! [click here](#)
- Nature of Families: [click here](#)
- Activities, Experiences, and Resources Toolkit: [click here](#)

## Cultural and Entertainment Opportunities

- Discover the Burgess Shale in Yoho National Park: [click here](#)
- Born of the Indian Ocean – Discover the Silks of Highland Madagascar: [click here](#)
- Outdoor Movie Theatre: [click here](#)
- Craft Mini-Market Campbell House Museum – **August 15, 2020 from 12:00pm: [click here](#)**

## Uplifting Story of the Week

- 10-Year-old Mini-Monet Fetches Tens Of Thousands For Her Paintings – And Donates All The Money: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.

## For Further Information Regarding Early Childhood Community Development Centre’s Services During Covid-19

- [click here](#)
- **Free Resource Highlight**
  - Branching Out Issue 6: [click here](#)