



## The Couch Exchange: Professional Learning Opportunities and Resources from the Comfort of Your Own Home – Issue 31

Explore your personal professional learning goals through a variety of webinars, resources, websites, and other virtual learning opportunities that support your ongoing journey and well-being.

**Do you know an inspirational educator?** Nominate them for the 2021 Prime Minister's Awards (submit your nomination electronically or by mail by **January 12, 2021**): [Nomination Package](#)

### Online Webinars and Training for Educators and Administrators

- Tinkering with Wood – **December 9, 2020** from **6:30 to 8:00 pm**: [click here](#)
- A Stronger, More Ambitious Future for Child Care **December 16, 2020** from **2:00 to 3:30 pm EST**: [click here](#)
- The Nature Principle Book Study Part 1: Nature Neurons - Intelligence, Creativity and the Hybrid Mind; **December 17, 2020** from **6:30 to 7:30 p.m. EST**: [click here](#)
- Fearless Conversations With Toddlers: How to Open a Can of Worms With Little Ones **January 13, 2021 2:00 p.m. EST**: [click here](#)
- Engaging Families in the Early Years in Authentic Ways **Wednesday January 20, 2021** from **6:30 to 8:00 pm**: [click here](#)
- Taking Care of Me to Take Care of You – Supervisor Wellness Session **Wednesday January 27, 2021** from **9:00 to 11:00 am**: [click here](#)
- How To Document and Link The Planning Cycle (several dates to choose from): [click here](#)

### Resources for Information on Covid-19

- Coronavirus disease (COVID-19) Updates for Canada: [click here](#)
- Provincial and territorial resources for COVID-19: [click here](#)
- Public Health Ontario: [click here](#)
- Latest COVID-19 Updates for Ontario: [click here](#)
- Niagara Region COVID-19 Statistics: [click here](#)
- College of Early Childhood Educators COVID-19 Updates: [click here](#)
- 5 Ways COVID-19 Has Changed Child Care Forever: [click here](#)



## Online Podcasts and Videos & Early Learning Websites

- Recognizing Educator's Dedication and Cultivating Well-Being **December 9, 2020 noon:** [click here](#)
- Revitalize your job search: Focus on what you can do instead of what you have done! [click here](#)
- The value of mentorship in a time of challenge and change: [click here](#)
- International Society for Technology in Education (ISTE): [click here](#)
- Early Years Tips, Ideas and Inspiration: [click here](#)
- Early Years TV: [click here](#)
- Child Care Insights and Outlook for 2020: [click here](#)
- How To Social Distance Without Giving Up Wonder: [click here](#)
- Fairy Dust Teaching: [click here](#)
- NAEYC Developmentally Appropriate Practice (DAP) Position Statement: [click here](#)
- Sessions with Santa: [click here](#)

## Giving Tuesday

- 25 simple ways to participate in #GivingTuesdayCA: [click here](#)
- FREE Giving Tuesday Campaign Toolkit + Templates: [click here](#)
- Giving Tuesday: [click here](#)
- 7 Tips to Make Your First #GivingTuesday a Fundraising Success: [click here](#)
- Giving Tuesday: Making it Work for You: [click here](#)
- Make your charity's GivingTuesday a success: [click here](#)
- 31+ Giving Tuesday ideas (that you haven't thought of) for 2020: [click here](#)
- Awesome #GivingTuesday Advice From 30+ Nonprofit Experts: [click here](#)

## Diversity and Inclusion Resources

- Embedding Anti-Racism Education into Everyday Teaching Practice – **Tuesday December 1, 2020 from 4:00 to 5:00 pm:** [click here](#)
- Remaking the Economy: COVID 19, Recovery and the Black Community - **Thursday December 10, at 2:00 pm EDT:** [click here](#)
- 4 Ways to Create Diverse Curricular Content: [click here](#)
- Promoting Diversity in Early Childhood Programs: [click here](#)
- Creating New Holiday Traditions for You and Your Family: [click here](#)
- Nadia Jaboneta on Exploring Social Justice with Young Children: [click here](#)



## Small Business Resources and Remote Office Environments

- Webinar: The State of the (non-profit) Sector: A Look Ahead to 2021 - **Thursday December 3, 2020** from **1:00 to 2:00 pm EST**: [click here](#)
- Rebuilding Your Child Care Business: Technology Makes it Possible **January 7, 2021 2:00 p.m. EST**: [click here](#)
- Maximizing Time, Impact, and Motivation While Working at Home: [click here](#)
- Strategies for Reducing Negativity in the Workplace: [click here](#)
- Three Steps to Embracing Innovation Through Digital Transformation: [click here](#)
- 7 quick tips to help managers salvage annual reviews: [click here](#)
- 17 creative virtual fundraising ideas for your nonprofit: [click here](#)
- The federal government subsidy (CERS) designed to assist with commercial rent or property expenses has been reconfigured. For more info: [click here](#)
- The Canada United Small Business Relief Fund has been extended: [click here to apply](#)

## Health and Wellness

- The Power of Gratitude in a Culture of Burnout: [click here](#)
- Five Simple Steps to Inspire Positive Change: [click here](#)
- Trust the Process: Team Building is Not an Event: [click here](#)
- Practicing Mindfulness: Bring Peace and Calm into Your Day: [click here](#)
- Tangible by Heart: [click here](#)

## Outdoor Activities & Resources

- Loose Parts Play Outdoors **Tuesday December 15 2020, 8:00 p.m. EST**: [click here](#)
- Creative Campfire: [click here](#)
- Denmark's Forest Kindergartens: [click here](#)



early childhood community development centre



## Want to Know More about ECCDC Services?

- Check us out online at [www.eccdc.org](http://www.eccdc.org) or in person at **3550 Schmon Parkway, Thorold**.
- We have moved our office location and are open Tuesday, Wednesday, and Thursday from 9:00 am to 9:00 pm and Friday and Saturday from 9:00 am to 4:30 pm to support your needs.
- We offer a resource lending library of pedagogical materials, specialized workroom, an on-site conference room and a boardroom available for booking.
- Want to purchase items from a distance? We offer an online **EStore** of items including Personal Protective Equipment: [click here](#)
- We support early learning programs with organizational supports including indoor and outdoor environmental design services, team building, board development, curriculum planning and everything in between!
- We offer professional learning opportunities in person and via webinar on a range of topics. We can customize and deliver to small or large groups, and we always have sessions advertised for anyone to join. [Click here](#) to see what we have scheduled or register for one of our sessions.

## Uplifting Stories of the Week

- Coronavirus Patient Who Couldn't Talk Thanked Hospital Staff With Violin Serenade: [click here](#)
- Teen who met grandma from accidental text shares Thanksgiving plans after COVID-19 loss: [click here](#)
- Do you have any uplifting stories you would like to share? [Click here](#) to email the Early Childhood Community Development Centre and it may be included in a future edition of The Couch Exchange.