

Tip Sheet: Reminders to Promote Physical Distancing

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Transitions	 Children are streamed in small groups wherever possible during transition times.
	Screener staff - try to maintain physical distance whenever possible
	when supporting transition into care.
	Cohorts remain separate and do not enter the same area during
	transition times; If 2 cohorts are transitioning at the same time, teachers
	will ensure that a 2 metres (6ft. distance is maintained at all times between cohorts.
	Wherever possible, an alternate route of travel through the centre may
	be taken to minimize contact with anyone from another cohort.
	PPE is worn in hallways at all times by staff and children (where
	applicable) Where ever possible use of separate entrances for different
	rooms to ensure cohorts are not mixing.
Cloak Room	Stream children in smaller groups and spread out to dress.
	Dressing may take place in the classroom for some children.
	Lockers may be staggered where space allows, and grouped together
	by cohort.
	Only one cohort will be in the cloak room area at a time.
	High touch areas are disinfected at minimum twice daily.
Washroom	Children are streamed in smaller groups for washroom use - where ratio
	allows.
	Spread children out in washrooms and promote hand hygiene.
	Shared washroom is disinfected between each cohort's use.
Sleep room	Cots are placed 2 metres apart or if not able to space 2 metres, children
	are placed head to toe.
	Staff PPE
	 Staff must wear their PPE when settling children.
	 Similar to in the staff room, when the staff are up and moving
	around the room, they must wear their PPE.
	 Once children are settled, and if staff are not sitting within 6 feet
	(2 metres) of an individual, they may remove PPE unless there is
	the chance of coming within 2 metres, it is recommended the
	wearing of PPE.
	 Staff must keep their PPE close by (storing it properly, according
	to Public Health direction) and have it at the ready for if they
	need to quickly go to a child in need, or if another staff comes
	into the room.
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Eating Times	Children will be spread out wherever possible to promote physical
	distancing while maintaining active supervision.
	Hand washing occurs before, after and during meal times as needed.
	 RECE's will provide reminders to children during meal times about not sharing/touching other children's items, respecting other children's
	space, washing hands as needed.
	 Children's safety regarding eating and choking is the first concern and must be the staff's top priority at all times.
	Children should be seated as far apart as possible while ensuring appropriate line of sight supervision is possible (this means a staff member can see the child's face at a glance at all times).
	Sit as few children to a table as possible to help ensure this.
	Staff should be wearing PPE when not eating with the children.
	If staff are eating with the children they will move back from the table
	and maintain a 6 foot (2 metre) distance from themselves and the
	nearest child, while ensuring appropriate line of sight supervision is
	possible (this means a staff member can see the child's face at a glance
	at all times).
	- PPE is off for a limited amount of time.
Playroom	Provocations/activities are offered throughout the environment.
	Hand washing is promoted during play time.
	Individual activities are offered wherever possible (no group sensory)
	play).
	Mouthed/soiled items are removed from play immediately, to be washed
	and disinfected/removed from environment for 7 days.
Outdoors	No "taxi" (2 person bikes).
	 Bubble makers or hand held (not blown in to) bubble wands are to be used only.
	 Where a fence is separating the play yards teachers are to guide children to maintain their 2 metres from the other cohort.
	PPE to be worn while within 2 metres of anyone while outside or if 2
	metres is maintained: Staff must keep their PPE close by (storing it
	properly, according to Public Health direction) and have it at the ready in
	case they need to quickly go to a child in need, or if another staff comes
	into their space.
Staff Room	All unnecessary furniture should removed.
	Seat Markers are used to outline where to sit (2 metres apart).
	Be sure staff do not let their guard down in staff rooms.
	Signage on door noting room capacity.
	PPE to be worn whenever not seated regardless of distance; PPE
	should be off minimally.
	Staff room is disinfected at minimum twice daily and laptops/printer
	screens after each use.